

Asian Games



A Complete Book of Records



GOPESH MEHRA

Asian Games by Gopesh Mehra is the first attempt to put all Asian sports records under one cover. On measurable count, only the following games qualify for this treatment: athletics, cycling, shooting, archery, swimming and weight-lifting. The records have been presented in a sequence which brings the Asian Games records, the Asian Meet records, and the national records in all these events affording an easy comparison. Athletics being widely popular, two more studies have been included. These pertain to the Asian-Continental records and a decade-wise progress of India's athletic records beginning in 1950. Only the official records have been included. There are some events in which records may have been improved. But their official recognition will come about only in March/April of the following year when they are officially ratified by the controlling Federations. To enable the reader to follow the sequence correctly a short summary of each game and its evolution in India has been provided.

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**DEDICATED TO
THE RECORD BREAKERS**

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FOREWORD

Excellence in sport and games is a barometer of a nation's health and progress. The overbearing superiority of Western nations in many fields of sport and games proves this adage. Yet with our limited resources, India has managed to remain in the forefront in many sport activities. Take hockey for instance. Since 1928, when our contingent first officially entered the Olympic arena, our teams have successively shown their strength in no uncertain terms and won the Olympic gold medal continuously on six occasions until the Melbourne Games in 1956. In 1960 at Rome, our boys lost the crown for the first time but only to another developing country from the continent, that is, Pakistan.

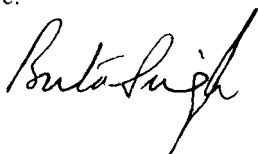
India recaptured the crown in 1964 in Tokyo Olympic Games. The years from 1968 to 1976 were the years of ascendancy of European nations in hockey. India suffered many reverses in three successive Olympics but came back with finesse to recapture the hockey gold in 1980 at the Moscow Games.

Besides hockey, which gave India indisputable international status in the world of sport, our athletes, badminton players, tennis players, wrestlers, billiards players and cricketers have kept the Indian flag flying in international assemblies of sportsmen. This encouraged us to re-bid for the Asian Games, a movement which was founded largely at the initiative of India. Thus India plays host to the ever-growing assembly of Asian sporting

youth next year for the second time in 30 years. But 1982 has a special significance in the history of the Asian Games movement because it signifies the emergence of India as a nation among sporting giants in the matter of up-to-date and modern facilities and sophisticated environment for sport and games.

Thanks largely to the deep and abiding interest of our revered Prime Minister, Mrs. Indira Gandhi, the organisation of the Asian Games next year will have taken the movement ahead by leaps and bounds and would help to raise an infrastructure for sports here which would be comparable with the best available anywhere in the world. India is today totally committed to making a grand success of the Asian Games. A record number of 21 events have been included in the Games which make it the largest ever in the history of the Asian Games. A brand new Games Village at Siri Fort would welcome the Asian sporting youth in the most befitting environment and to a traditional welcome, typical to India's proverbial hospitality. When such new dimensions are going to be added to the Asian Games movement it is but natural that all other matters connected with the growth of the Games should also benefit by this effort. It is in this context that the publication of "ASIAN RECORDS" by Mr. Gopesh N. Mehra is not only appropriately timed but an effort which supplements the efforts of the Special Committee of Ninth Asian Games which is determined to make an all-round success of the Games. Mr. Gopesh N. Mehra is a seasoned sports journalist and has rich experience of reporting various sport and games at both international and national levels for the media. His grasp of the subject and his knowledge in

the field of sports, particularly athletics, make him an ideal person to attempt such a subject which would help to put the progress achieved in these fields in proper perspective. The effort, I am sure, will add to the growing treasures of Indian sports literature.

A handwritten signature in black ink, appearing to read 'Buta Singh', with a long horizontal line extending from the end of the signature.

Date 28th August 1981

(BUTA SINGH)

PREFACE

THE ZEST FOR RECORDS

In the Odyssey, Homer captures the atmosphere before the start of a race as follows:

“Ranged in the line the ready racers stand

Swift as on the wings of wind unborne they fly....”

Sports represent an outlet for youth’s zest for physical perfection and excellence. From time immemorial feats of physical endurance, skill and achievement have provided immeasurable joy and satisfaction to exponents of this form of culture, as also to millions of spectators.

Early this century when a French nobleman, Baron Pierre de Coubertin, was struggling to revive the concept of the ancient Olympics that used to be held in Greece long before Christ was born, he was fired by just the perennial zest of youth for physical recreation as a means of fulfilment. He thought up a motto for the revived Games...“Citius, Altius, Fortius” that signified goals which would take youth to achievements that were ever “Faster, Higher and Stronger”.

You can’t stop progress. But it may take a lifetime of preparation to produce an athlete. Records are defined as yardsticks signifying the optimum performance of an individual in a particular field, that represents the best to date in this kind. This concept in sports and games has been used to provide motivation for still better performance in a special discipline. Beating a record is

achieved in a variety of ways in which the interest and dedication of the athlete or sportsman are deciding factors. Today, when science and technology have permeated every aspect of life, the computer is used to design programmes of training and conditioning of the athletes and sportsmen, that could take them to the pinnacle of their physical strength and endurance, and stimulate them to achieve still greater heights. A meticulous record of these performances is maintained so that the athlete/sportsman can keep his eye on them as the goals that he must, first, attain and then pass. And those who can reach these heights are lionised till they themselves are overtaken by someone better.

Some record-breaking performances, however, remain permanently etched on our memories. There is, for instance, the performance of two great American athletes, Jesse Owens (1936-Berlin) and Bob Beamon (1968-Mexico).

Jesse Owens' long jump record of 8.06m was unchallenged for 32 years and five Olympic Games, till it was bettered by a fellow-American, Bob Beamon, in Mexico where many records were established. Beamon's achievement of 8.40m still poses a challenge to the athlete.

The Asian Games are of comparatively recent origin. The first Asian Games were held in 1951, but Asian athletes and sportsmen had participated at the regional level even earlier. The performance of Asian sportsmen in other international competitions like the Olympic and the Commonwealth Games was considered a landmark that Asian youth aimed at before 1951, when organised sports activity in the region was first

introduced. Even at this level, it was only in the sixties that the inclusion of most established sports disciplines helped to place Asian standards in sport in the proper perspective.

Any measurable performance of an individual athlete in which a scoring or measuring system is used contributes to records. Thus, in the 21 games selected for the 1982 Asian Games at New Delhi, those that qualify for record status are: (a) Athletics, (b) Swimming, (c) Cycling, (d) Weight-lifting, (e) Shooting and (f) Archery. Other games also have records of sorts. Thus, in hockey, a player scoring the highest number of goals in a tournament could be said to have established a record. This would apply also to other team games such as football, volleyball, basketball and handball.

It is in athletics and, to some extent, in games like swimming that records established at various levels of participation are well documented. In most other disciplines, the absence of such documentation makes it practically impossible to measure progress in these disciplines. Even in athletics the records are now too scattered. As the number of competitions at almost all levels has grown so much, the task of the statistician or the chronicler is now much more difficult.

The Asian Games effort now undertaken by India is thus seriously handicapped. The failure of the previous Asian Games Committee to supply records and material about the Games to their successors has stood in the way of perfect preparation for 1982.

The present compilation that brings records of all measurable events at Asian Games level under one cover is in effect a pioneering effort. But it will contribute

something important to sports statistics.

Much of the actual compilation of records has been done by Mr. Ved Prakash, whose dedication to this arduous task has been impressive. Thanks are also due to Dr. C.M. Muthiah whose publication, *Athletic Asia*, has provided immensely useful data for this publication. Encouraged by this effort, the author is planning a bigger compilation on the Asian Games themselves. This publication may well prove useful to all those concerned with sports.

Gopesh N. Mehra

New Delhi
August 1981.

ASIAN GAMES

Asian Games, as we know them today, were born largely as a result of the efforts of an inspired Indian, Prof Guru Dutt Sondhi. With Sondhi, sports were a passion. Several attempts had been made earlier to start some regional championships on the pattern of the Commonwealth Games, that would draw Asian nations into their ambit, but none of them succeeded in attracting the substantial participation realised at New Delhi in 1951. Among these attempts was the Far Eastern Championship Games in which three countries—China, Japan and the Philippines—took part and the venue rotated between their capitals with China hosting the games at Shanghai.

Ten such assemblies were organised between 1913 and 1934 with the last two meets occurring at wider intervals. India participated with an athletic team in the 1930 Far Eastern Championships in Tokyo but without any major gains, against Asian giants such as Japan and the Philippines, that were already established. At the last meet before the Championships folded at Manila, Indonesia entered for the first time under the flag of the Dutch East Indies.

An attempt was made by the participants of the Manila meet to keep the regional championships going under another name and title. It was thought that a meet under the name “Orient Championships Games” should be organised at Tokyo four years later, but this did not

materialise as the clouds of World War II had gathered.

Prof G.D. Sondhi took the initiative in the Western Asiatic Games in 1934 and, with the help of the late Maharaja Yadavendra Singh of Patiala, arranged a meet at New Delhi in which three other countries besides India—Afghanistan, Ceylon and Palestine—participated. India established her superiority over these Asian countries comfortably. Like the Oriental Championship Games, the second Western Asiatic Games, due to be organised at Tel Aviv in 1938, had to be cancelled.

A fresh attempt to organise an Asian meet was made in 1947 at the time of the Conference of countries of the region on Asian Relations. Prof Sondhi again took up the cause of the Asian Games and, inspired and helped by Maharaja Yadavendra Singh, he discussed the subject in detail with the representatives of Asian countries assembled at New Delhi for the conference. Originally to be called “Asiatic Games”, on the suggestion of Jawaharlal Nehru, the title “Asian Games” was adopted for the meeting proposed to be held in February 1948.

There were problems in getting the proposal through the Indian Olympic Association and so Prof Sondhi, then President of the Amateur Athletic Federation of India, decided that the first meeting should be called “Asian Athletic” (track and field) to surmount these difficulties. But the time and year chosen for the revival of Asian meet was again unsuitable, because 1948 was the year of the Olympic Games in London and most countries were busy preparing for them.

Not to be beaten, Prof Sondhi built on the advantage he had secured in 1947 in a promise from Heads of State of Asian countries that the Asian meet would be revived,

and he pursued it in London when a meeting was called on August 8 to consider the formation of the Asian Games Federation. Delegates from Korea, China, the Philippines, Burma and Ceylon attended the first meeting. This was the beginning of AGF and to India fell the conduct of the first Asian Games in New Delhi in 1950, with Manila chosen as the venue for the second Asian Games in 1954. Maharaja Yadavendra Singh of Patiala was elected first President of AGF with G.D. Sondhi as Secretary-cum-Treasurer.

When India got down to the task of preparing for the big event, numerous obstacles, foremost among them financial, appeared to confront the organising committee. The Games had to be postponed twice: first, from February 1950 to November 1950, and later to March 1951. The initial money for their organisation came from the National Sports Club of India that made a loan of Rs.1 lakh at the instance of Anthony de Mello. The Maharaja of Patiala gave a personal loan to the organising committee to meet the other expenses.

Anthony de Mello, who later took over as Organising Secretary from Prof G.D. Sondhi, records in his "Portrait of India Sports": "I remember with what sincerity we recorded a vote of thanks to Gen. Cariappa for the loan of a military building near the Stadium. I remember that we put it on record that without this assistance it would have been difficult—to say the least—to stage the Games at the appointed time. The same could be said of NSCI. Its assistance did not stop merely at the loan of Rs.1 lakh, for there was also other help forthcoming with the stadium, swimming pool and the equipment".

Anthony de Mello went on to say: "It was unprece-

dented in Olympic and Asiad history that a major sports meet could be staged without Government aid of any sort. Not the least source of our pride when all was successfully over was that the first Asiad had in fact been mounted without Government aid. As a guide to what these things cost, and to show what we had to find for ourselves, the second Asiad in Manila was subsidised to the extent of £100,000 by the Philippines Government and the Japan organising committee received a grant of £300,000 from their Government which, even at the rate of exchange prevailing at that time, was about Rs.50 lakhs. For the British and Empire Commonwealth Games held in Cardiff during the same year (1958) a new swimming pool was built by the civic authorities and Government and other grants for organising the meet totalled £600,000".

The first Asian Games held at New Delhi were attended by no less than 11 countries which participated in six disciplines. The countries were: Japan, the Philippines, Indonesia, Singapore, Ceylon, Iran, Burma, Afghanistan, Thailand, Malaysia and India. Nepal and China sent observers. Competitions were organised in athletics (men and women), swimming, football, basketball, cycling and weight-lifting. Japan and India emerged winners in athletics; the Philippines and Iran dominated swimming and weight-lifting while India came on top in football and basketball. Only Japan and India entered the cycling event. Japan walked away with 24 gold medals, followed by India (16), Iran (7), Singapore (5) and the Philippines (4).

At the second Games held at Manila in 1954, cycling was dropped but three new disciplines, wrestling, boxing and shooting, were included, making a total of eight

events. Japan remained in the lead with a tally of 38 gold medals followed by the Philippines (14), South Korea (8) and India was bracketed with Pakistan who entered for the first time with 5 gold medals. All India's golds were won in athletics.

The number of the participating countries rose to 20 at the third Asian Games held at Tokyo in 1958. The number of events doubled from 8 in Manila to 16. Japan dominated the Games to an amazing extent: she cornered 67 gold, 41 silver and 30 bronze medals. India was relegated to seventh position with a tally of 13 medals including 5 golds. Pakistan fared better with a tally of 26 medals including 6 golds. The Philippines, South Korea, Iran and Taiwan finished in that order after Japan and four countries—Afghanistan, Cambodia, Nepal and North Borneo—drew a complete blank.

The fourth Games held in Djakarta in 1962 were the most spectacular to date and also the most up to date. Ironically, the centre of controversy was the founder of the Games movement, Prof G.D. Sondhi, who, in his capacity as member of the International Olympic Committee in India, vehemently opposed the design of the Indonesian authorities to deny participation to two AGF members, Taiwan and Israel. Sondhi's adamant attitude in recommending that the official status of the Games be altered, led to unprecedented riots in which the student community of Indonesia indulged in acts of violence. Prof Sondhi had to be smuggled out of the Indonesian capital to escape the wrath of the Indonesians.

Japan maintained her outright superiority in various events and this was evident in that from a card of 12 events, she won 60 gold medals. India stood second with 11 golds.

Thailand hosted their first Asian Games in 1966 and these were the fifth in the series that began with the 1951 Games in India. Japan, who had continuously improved her performance in the past Asiad, went one better when she won 78 gold medals, followed by South Korea and Thailand who bagged 12 each. India and Malaysia were bracketed for fourth position with a tally of 7 gold medals each. Contests in these Games were organised in 14 events and 16 countries participated.

The sixth Asian Games were originally allotted to South Korea to be hosted in Seoul. But South Korea was unable to honour her commitment and Thailand stepped in to organise their second successive Games in Bangkok in 1970. Contests in these Games were limited to only 13 events. Eighteen countries participated. Japan maintained her position at the top of the medals tally with a haul of 74 gold medals. South Korea, with 18, stood second. Thailand and Iran shared the third spot with 9 gold medals each and India finished fifth with 6 gold medals, tying with Israel.

Though 15 years had elapsed since the Games began, none of the petro-dollar countries of the Middle East, that were members of the Asian Games movement, had yet volunteered to organise the Games even once. In 1974, however, the mantle of host fell on Iran. Teheran, beautiful capital of the Aryameher Empire, was chosen as venue, and for the first time a high degree of professionalism went into the organisation of the Asian Games. Teheran attracted maximum participation. Barring Taiwan, that had been expelled by the Asian Games Federation and the People's Republic of China admitted in their place, all member-countries took part. Nearly 3,000

sportsmen from 25 countries participated in 16 disciplines. India sent in a large contingent. Japan improved her gold medal performance still further in winning 75 medals. Iran came second with 36 and the People's Republic of China, participating for the first time, bagged 33 gold medals. North and South Korea and Israel preceded India with 16, 15 and 7 gold medals respectively, and India was again bracketed for seventh position with Thailand, four gold medals apiece. India's major gains were as usual in athletics.

Pakistan was given the privilege of hosting the next Asian Games at Islamabad in 1978. Owing, however, to internal troubles, it was unable to honour the commitment and the hunt began again for a host. Japan, Korea and Malaysia were sounded but were not willing to shoulder the burden at this late stage. India showed little interest, deciding to wait for the next Games. The AGF had thus no alternative but to request the Thai Olympic Committee again to take on the responsibility for organising the Games in order to save the movement. Thailand, that had organised the earlier two Games, was not initially willing to shoulder the responsibility, but eventually relented on condition that the Games were financed by the member-countries. Thailand was promised aid of 2.7 million U.S. dollars by 11 countries, including India, to meet the expenses of organising the Games. India's share was 10,000 U.S. dollars. The Thai Olympic Committee planned lavishly and included 19 games in the calendar. The new games to be included were archery and bowling. Japan faced stiffer competition from China and the two Koreas contrived to retain their place on the top of the medals tally with a haul of 70 golds. China was

second with 51 golds, followed by South Korea (18), North Korea (15), Thailand (11) and India (11). Eight of India's 11 golds were not unexpectedly again won in athletics.

The ninth Asian Games were allotted to India in 1976. Their organisation has had to face many trials. At one time Mr. Charan Singh's Caretaker Government almost withdrew from the commitment in 1979. Twice later, the Organising Committee underwent drastic upheavals. Yet progress in organisation has been maintained, thanks to the interest evidenced in the project by Mrs. Indira Gandhi, and to the dedicated zeal of leaders like Mr. Buta Singh. India has undertaken to organise contests in 21 disciplines—the highest so far in an Asian Games—and the cumulative expenditure in organising the Games, including the infrastructure and the Games Village, is estimated to be around Rs.1,000 crores.

THE GOLDEN TRACK

Athletic sports, the *prima donna* of all sporting events, has made rapid strides in the last seven or eight decades that chronicle the glory of the revived Olympic festival. It was always the sensation of these athletic assemblies that both promoted comradeship among the youth of the world and became a symbol of human endeavour and high achievement.

There was a time in the Olympic Games when women were barred from entering the arena even as spectators, not to mention competitors. With time and the growth of Women's Lib, however, we have witnessed, at successive international competitions in the latter half of this century, breath-taking feats by women athletes such as Nina Ponoromeva and the "Press" sisters of the Soviet Union.

Athletic records, whether in the men's or the women's section, have been toppled time and again by more spectacular performances. The advance of science and technology and the increasing use of the computer in devising training and conditioning programmes for top athletes have brought about a near-revolution in which seemingly no limit set by a human being ever remains final.

As a continent, Asia that saw the birth of civilization has lagged behind in modern sporting excellence on the golden track, though Asians even today dominate a number of sporting disciplines like table tennis, badminton, hockey, polo and squash, where quick reflexes nurtured in bountiful sunshine make the crucial difference in winning. But in disciplines like athletics, Asians have trailed far behind the developed world. This was evident

in the first ever World Athletic Meet organised under the aegis of the International Amateur Athletic Federation (IAAF) in Dusseldorf in 1977, when the Asian contingent trailed behind the last eight hand-picked contingents from other countries. This sad story was repeated in Montreal where the second World Championships were held.

According to the sporting historian, the first gold medal by an Asian athlete, carrying an Olympic stamp, was claimed by Japan's Mikio Oda in the triple jump event of the 1928 Games in Amsterdam. It was at these Games that India attained international status as a sporting nation when our hockey team led by the late Jaipal Singh climbed to victory. The Indian win in that event ended a 20-year-old European monopoly. It took a European country (West Germany) more than 40 years to regain this crown, albeit for a very short duration. India, who was unseated in 1968, regained the top position only at the last Olympic Games in Moscow (1980), though the distinction seemed to many a dubious one, since at least four leading hockey playing countries stayed away from the Games.

India can claim to have won an Olympic medal in athletics as far back as the 1900 Games in Paris, where a holidaying Anglo-Indian all-rounder from Calcutta entered on behalf of India, then a British colony, much before the Olympic movement had taken root in this country. Norman Pritchard won two silver medals—in the 200-metre run and the 200-metre hurdles, and so had his name inscribed in India's athletic history. As, however, the 200-metre hurdles event was dropped from the Olympic calendar after 1904, the subsequent Olympic

records make no mention of the unique achievement by this athlete of Indian origin. Incidentally, India's first official entry into the Olympics came in 1928, a year after the formation of the Indian Olympic Association.

Japan has undoubtedly been the leading athletic nation of Asia, though sprinters from Malaysia, Thailand and Indonesia have occasionally covered themselves with glory. At the Olympic level, those who kept the Asian flag flying after the pioneering efforts of Norman Pritchard, were Japan's Chuhai Nambu and Kitei Son besides Oda; the Philippines' Simeon Toribio and Miguel White; Sri Lanka's Duncan White; Pakistan's Abdul khaliq and such recent superstars as Taiwan's Chi-Cheng and Chuan-kwang Yang and Japan's Kenji Kimihara.

India's supremacy in the golden track events was maintained by the "flying" Sikh Milkha Singh who, though he did not win the Olympic medal, came very close to the distinction and, in the process, broke the existing Olympic record in the 400-metre event at the 1960 Games at Rome. Policeman Gurbachan Singh scaled new heights in the 110-metre hurdles event in which he stood fifth in the finals in the 1964 Olympic Games at Tokyo with a time of 14.0 sec. And then, there was Sriram Singh who ran sensationally in the 1976 Olympic Games in Montreal, where he finished seventh and again qualified for the semi-final of the event in the last Olympic Games at Moscow.

It is interesting and instructive that in the 22 Olympics celebrated during the revival era, the total medal tally of Asia in Olympic track and field events is only 22. Of these, 14 are credited to Japanese athletes. Their tally includes 4 golds, 5 silvers and 5 bronzes. Japan's gold medal winners

were the great Namby (triple jump—1932), another triple jump specialist Naoto Tajima (1936) and Mikio Oda (triple jump—1928); the marathon champion Kitai Son (1936). The Koreans claim that Son was a Korean who represented Japan, and broke the record for this gruelling event at Berlin. Since the end of World War II, Asian athletes have claimed only 5 medals in 7 Olympic Games and at that, no gold medals at all.

Of the 40 track and field events in the Asian Games, 23 in the men's section, a total of 18 records were broken in the last Asiad at Bangkok (1978). They were shared equally by men and women. The record, that is as yet unbeaten, is the 1500-metre achievement of Japan's K. Sawaki in the 1966 Bangkok Games, where he clocked 3 min. 47.3 sec. There is another record, that in the 100-metre spring first established at Djakarta by Mohammed Sarengat of Indonesia at 10.4 sec, that has still to be beaten, though three other sprinters have equalled this mark in later Games. The 80-metre hurdles in the women's event is also of 1966 vintage, and stands at 11.2 sec to this day.

The Asian Games' 400-metre mark is credited to W. Wimaladasa of Sri Lanka at 46.21 sec at Teheran (1974) though Milkha Singh set what seemed the impossible mark of 45.6 sec for the event way back in 1960 while participating in the Rome Olympics final. The advent of the Asian Track and Field Championships in 1973 has contributed greatly to the development of this sport in the region, as is evident from the list of records established at these meetings. Thus, for the 100-metre event for men, while the Asian Games record is 10.4 sec, the Asian meet record stands at 10 sec flat in the name of Thailand's Anat

Ratnapol. Similarly, the 200-metre record, that also stands in the name of Ratnapol, is 20.8 sec as compared with the Games record of 21.09 sec.

Another interesting study on the progress of athletic records in India worked out on a decadewise basis reveals that while there is minimal progress in some events such as the sprints and the middle distance races, there has been a striking improvement in the long distance and field events. In some events such as shot put, discus and hammer, the marks established by Indian sportsmen in the seventies have not so far been equalled.

Indian athletics is practised in primitive conditions. There is not a single tartan or synthetic surface track in the country. Athletes, trained in an uncongenial environment, do not have the benefit of a suitable nutritional diet or the sophisticated implements that are used by Western nations to enable their athletes to reach high international excellence.

Organised coaching was introduced in India in 1961 when the National Institute of Sports was set up at Patiala. But except for the first few years during which the services of qualified and renowned foreign coaches were made available, the Institute has drifted into other activities. Coaching has been given a low priority. This is evident from the fact that as the nation prepares for the prestigious Asian Games event of 1982, the services of foreign coaches are again being requisitioned to train national teams and sportsmen.

Even under these conditions, Indian athletes have maintained a steady and quite encouraging rate of progress. They have utilised the few opportunities that have come their way to compete and train abroad, polish their

skills and match their talents against that of talented athletes of other regions. The advent of China in the Asian Games poses the stiffest challenge to India's aspirations in this discipline.

China showed her mettle at the last Asian Track and Field meet held at Tokyo in June 1981, where their women athletes walked away with most of the medals and displaced India from the second position in an overall tally of medals. Like the Soviet Union, China has the advantage of a totally committed class of sportsmen who regard sports as something more than a recreational pastime. They plan their training programmes well and execute them with vigour and honesty—two qualities that are missing in India. With some of the oil-rich Middle East countries spending thousands of dollars to prepare their sportsmen and teams for the Asian Games next year, it would indeed be an achievement if our athletes can recapture some of the glory that won them laurels in Bangkok in 1978, where India emerged as the undisputed second string in track and field events, just behind redoubtable Japan.

ASIAN GAMES RECORDS

ATHLETICS (up to 1978)

MEN

<i>Event</i>	<i>Year</i>	<i>Venue</i>	<i>Winner</i>	<i>Country</i>	<i>Time</i>
100 M	1962	Djakarta	M. Sarengat	Indonesia	10.4 sec
			Regelio Onofare	Philippines	10.4 sec
200 M	1974	Teheran	Anat Ratnapol	Thailand	10.4 sec
400 M	1978	Bangkok	J. Suchart	Thailand	10.4 sec
800 M	1974	Teheran	Anat Ratnapol	Thailand	21.09 sec
1,500 M	1974	Teheran	W. Wimaladasa	Ceylon	46.21 sec
5,000 M	1974	Teheran	Sriram Singh	India	1:47.57 sec
10,000 M	1966	Bangkok	K. Sawaki	Japan	3:47.3 sec
Marathon	1974	Teheran	Shiv Nath Singh	India	14:20.50 sec
110 M Hurdles	1970	Bangkok	S.L.B. Rosa	Ceylon	29:55-6 sec
400 M Hurdles	1978	Bangkok	M. Sakamoto	Japan	2:15:29.7 sec
3,000 M Steeple-chase	1974	Teheran	Lin-Ni Tsui	China	14.26 sec
High Jump	1978	Bangkok	Kadhum Hassan	Iraq	50.81 sec
			S. Masanari	Japan	8:40.7 sec
			T. Ghiassi	Iran	2.21 mts

Long Jump	1974	Teheran	T.C. Yohannan	India	8.07 mts
Triple Jump	1978	Bangkok	M. Masami	Japan	16.56 mts
Pole Vault	1978	Bangkok	T. Tomomi	Japan	5.10 mts
Javelin Throw	1978	Bangkok	Mao-Mao Shen	China	79.24 mts
Discus Throw	1974	Teheran	D. Jalal Keshmiri	Iran	56.82 mts
Shot Put	1974	Teheran	D. Jalal Keshmiri	Iran	18.04 mts
Hammer Throw	1978	Bangkok	M. Shiginobu	Japan	68.26 mts
4 x 100 M Relay	1974	Teheran	THAILAND	—	40.15 sec
4 x 400 M Relay	1974	Teheran	SRI LANKA	—	3:07.40 sec
Decathlon	1974	Teheran	V. Chauhan	India	7,375 pts
20 km Walk	1978	Bangkok	Hakim Singh	India	1:31:54.9 sec

WOMEN

Event	Year	Venue	Winner	Country	Time
100 M	1970	Bangkok	Chi Cheng	Thailand	11.6 sec
200 M	1974	Teheran	E. Rot	Israel	23.79 sec
400 M	1978	Bangkok	Oik Sam Saik	Malaysia	55.01 sec
800 M	1970	Bangkok	H. Shezifi	Israel	2:06.5 sec
1,500 M	1978	Bangkok	Kim Ok Sun	D.P.R. Korea	4:18.9 sec
3,000 M	1978	Bangkok	Kim Ok Sun	D.P.R. Korea	9:24.7 sec

80 M Hurdles	1966	Bangkok	R. Sukegawa	Japan	11.2 sec
100 M Hurdles	1974	Teheran	E. Rot	Israel	13.31 sec
400 M Hurdles	1978	Bangkok	Hsin Chen	China	1:01.32 sec
High Jump	1978	Bangkok	Ta-Chen Cheng	China	1.88 mts
Long Jump	1974	Teheran	Hsiao Chieh-P	China	6.31 mts
Javelin Throw	1978	Bangkok	Jui-Ying Yao	China	57.22 mts
Discus Throw	1978	Bangkok	Hsiao-Hui Li	China	55.92 mts
Shot Put	1978	Bangkok	Li-Chuan Shen	China	17.70 mts
4 x 100 M Relay	1978	Bangkok	THAILAND	—	46.20 sec
4 x 400 M Relay	1974	Teheran	JAPAN	—	3:43.50 sec
Pentathlon	1970	Bangkok	E. Shachmorov	Israel	4,530 pts

ASIAN TRACK AND FIELD CHAMPIONSHIPS RECORDS (AS ON 1-4-1981)

MEN

Event	Year	Venue	Winner	Country	Time
100 M	1973	Marikina	Anat Ratnapol	Thailand	10.00 sec
200 M	1973	Marikina	Anat Ratnapol	Thailand	20.8 sec
400 M	1973	Marikina	Tomonaga Yoshiharu	Japan	46.8 sec
800 M	1975	Seoul	Sri Ram Singh	India	1:47.8 sec
1,500 M	1973	Marikina	Kazuyoshi Mizuno	Japan	3:47.4 sec
5,000 M	1979	Tokyo	Kita Hideaki	Japan	13:55.3 sec
10,000 M	1979	Tokyo	Toshihiko Seko	Japan	28:59.2 sec
3,000 M Steeple-chase	1979	Tokyo	Shinta Fu Masaya	Japan	8:40.8 sec
110 M Hurdles	1975	Seoul	Tai Suh Jun	China	14.2 sec E
400 M Hurdles	1975	Seoul	Tai Suh Jun	China	51.15 sec E
Marathon	1973	Marikina	Je Hyung Ho	Korea	2:27:30.2 sec
4 x 100 M Relay	1979	Tokyo	JAPAN	—	39.70 sec
4 x 400 M Relay	1975	Seoul	INDIA	—	3:08.2 sec
High Jump	1973	Marikina	Teymour Ghiassi	Iran	2.15 mts
			Kazunori	Japan	2.15 mts
			Koshikawa		

1979	Tokyo	Kazunori Koshikawa	Japan	2.15 mts
		Sakamoto Takao	Japan	2.15 mts
		Katamine Takashi	Japan	2.15 mts
		Junichi Usui	Japan	7.97 mts
Long Jump	Tokyo	Takanzeawa Itsou	Japan	5.25 mts
Pole Vault	Tokyo	M. Zinkawi	Kuwait	17.78 mts
Shot Put	Tokyo	Zou Zhenxian	China	17.02 mts
Triple Jump	Tokyo	Kawasaki Kiyotaka	Japan	55.34 mts
Discus Throw	Tokyo	Shen Maomao	China	86.50 mts
Javelin Throw	Tokyo	Shigenobu	Japan	66.72 mts
Hammer Throw	Tokyo	Murofushi		
20 Km. Walk	Tokyo	Hakam Singh	India	1:35:39.5 sec
Decathlon	Marikina	V.S. Chauhan	India	7,245 pts

'E' denotes Electric timing.

WOMEN

Event	Year	Venue	Winner	Country	Time
100 M	1973	Marikina	Amelita Alanea	Philippines	11.6 sec
200 M	1973	Marikina	Esther Rot	Israel	23.7 sec

400 M	1979	Tokyo	Chung Bong Soon	Korea	54.53 sec E
800 M	1979	Tokyo	Chung Bong Soon	Korea	2:06.1 sec
1,500 M	1975	Seoul	Lee Chiu-Shia	China	4:23.0 sec
3,000 M Steeple-chase	1979	Tokyo	Kim Ok Sun	Korea	9:24.9 sec
100 M Hurdles	1973	Marikina	Toshimi Hayashida	Japan	13.6 sec
400 M Hurdles	1979	Tokyo	Yumiko Aoi	Japan	60.46 sec E
200 M Hurdles	1973	Marikina	Tohimi Hayashida	Japan	27.6 sec
4 x 100 M Relay	1979	Tokyo	JAPAN	—	45.85 sec E
4 x 400 M Relay	1979	Tokyo	JAPAN	—	3:45.9 sec
High Jump	1979	Tokyo	Zheng Dazheng	China	1.87 mts
Long Jump	1979	Tokyo	Sumie Awara	Japan	6.42 mts
Shot Put	1979	Tokyo	Shen Lijuan	China	17.48 mts
Discus Throw	1979	Tokyo	Li Xiaohui	China	58.62 mts
Javelin Throw	1979	Tokyo	Li Xiaohui	China	58.44 mts
Pentathlon	1979	Tokyo	Ye Piesu	China	4,139 pts

'E' denotes Electric timing.

ASIAN CONTINENTAL RECORDS (AS ON 1-4.1981)

MEN

<i>Event</i>	<i>Year</i>	<i>Venue</i>	<i>Winner</i>	<i>Country</i>	<i>Time</i>
100 M	1965	Chungking	Chen Jiaquat	China	10.00 sec
	1973	Marikina	Anat Ratnapol	Thailand	10.00 sec
	1979	Mexico City	Suh Mal Ku	Korea	10.00 sec E
200 M	1978	Kumamoto	Toshio Toyota	Japan	20.6 sec
	1979	Mexico City	Suh Mal Ku	Korea	20.61 sec E
400 M	1960	Rome	Milkha Singh	India	45.6 sec
	1960	Rome	Milkha Singh	India	45.73 sec E
800 M	1976	Montreal	Sri Ram Singh	India	1:45.8 sec
1500 M	1977	Dusseldorf	Takashi Ishii	Japan	3:38.2 sec
1 Mile	1977	Melbourne	Takashi Ishii	Japan	3:59.7 sec
5,000 M	1977	Stockholm	Toshiaki Kamata	Japan	13:25.4 sec
10,000 M	1980	Stockholm	Toshihiko Seko	Japan	27:43.4 sec
110 M Hurdles	1965	Wuhan	Cui Lin	China	13.5 sec
	1978	Tokyo	Yoshifumi Fujimori	Japan	14.06 sec E
400 M Hurdles	1978	Tokyo	Takashi Nagao	Japan	49.59 sec E

3,000 M Steeple-

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chase	1980	Stockholm	Shintaku Mashaya	Japan	8:19.6 sec
20 km Walk	1967	Hyderabad	Bachan Singh	India	1:27:57.6 sec
50 km Walk	1976	Toyama	Kazue Saito	Japan	4:17:58.6 sec
Marathon	1978	Beppu	Shigeru Soh	Japan	2:09:05.6 sec
4 x 100 M Relay	1978	Canberra	JAPAN	—	39.54 sec E

(Y. Harada, A. Harada, T. Matsura, T. Toyota)

4 x 400 M Relay	1978	Tokyo	JAPAN	—	3:06.5 sec
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(E. Natori, Y. Harada, T. Nagao and Junichi Usui)

High Jump	1970	Changasha	Ni Zhiqin	China	2.29 mts
Long Jump	1979	Chartley	Junichi Usui	Japan	8.10 mts
Pole Vault	1980	Wuhan	Zheng Gheng	China	5.43 mts
Triple Jump	1979	Tokyo	Zhou Zhenxian	China	17.02 mts
Shot Put	1976	Patiala	Bahadur Singh	India	18.66 mts
Discus Throw	1974	Lancaster	D Jalal Kashmiri	Iran	61.06 mts
Javelin Throw	1980	Philadelphia	Shen Mao	China	89.14 mts
Hammer Throw	1971	Amagasaki	Shigenobu	—	—
			Murofushi	Japan	71.14 mts
Decathlon	1963	Walnut	Yang Chuan Kwang	China (Taipeh)	8,089 pts

WOMEN

<i>Event</i>	<i>Year</i>	<i>Venue</i>	<i>Winner</i>	<i>Country</i>	<i>Time</i>
100 M	1970	Vienna	Chi Cheng	China (Taipeh)	11.0 sec
	1968	Mexico City	Chi Cheng	China (Taipeh)	11.45 sec E
	1972	Munich	Esther Rot	Israel	11.45 sec E
200 M	1970	Munich	Chi Cheng	China (Taipeh)	22.4 sec
	1970	Munich	Chi Cheng	China (Taipeh)	22.62 sec E
400 M	1964	Pyongyang	Sim Keun Dan	D.P.R. Korea	51.2 sec
	1979	Tokyo	Chung Boong Soong	Korea	54.53 sec E
800 M	1964	Pyongyang	Sim Keun Dan	D.P.R. Korea	1:58.0 sec
1,500 M	1978	Pyongyang	Kim Ok Sun	D.P.R. Korea	4:14.8 sec
3,000 M	1978	Pyongyang	Kim Ok Sun	D.P.R. Korea	9:20.2 sec
100 M Hurdles	1970	Munich	Chi Cheng	China (Taipeh)	12.8 sec
	1970	Munich	Chi Cheng	China (Taipeh)	12.93 sec E
	1976	West Berlin	Esther Rot	Israel	12.93 sec E
400 M Hurdles	1980	Beijing	Hui Ai Ping	China	59.33 sec E
4 x 100 M Relay	1979	Tokyo	JAPAN	—	45.85 sec E
	(Osaka Yukiko, Kaibara Sumiko, Konishi Emike and Akimoto Emi.)				
4 x 400 M Relay	1979	Beijing	Kwangsi Province (CHINA)		3:43.3 sec
	(Kong Qingyun, Huang Weichan, Chen Xiaolo and Gao Yangqing)				
High Jump	1980	Philadelphia	Zheng Dazheng	China	1.92 mts

Long Jump	1965	Beijing	Xiao Jeiping	China	6.44 mts
Shot Put	1980	Beijing	Shen Li Chuan	China	17.74 mts
Discus Throw	1980	Hebei	Li Xiahui	China	61.80 mts
Javelin Throw	1980	Kunitachi	Naomi Shibusawa	Japan	60.42 mts
Pentathlon	1979	Beijing	Ye Pei Su	China	4,248 pts

E denotes electric timings.

NATIONAL RECORDS

ATHLETICS

MEN

100 METRES	: R. Gnanasekaran (Railways)	10.4 sec
200 METRES	: P. Subramanian (Police)	21.2 sec
400 METRES	: U. K. Prabhu (HSEB)	46.6 sec
800 METRES	: Sri Ram Singh (Services)	1:48.6 sec
1,500 METRES	: E. Sequeira (Railways)	3:48.2 sec
5,000 METRES	: Shiv Nath Singh (Services)	14:08.8 sec
10,000 METRES	: Shiv Nath Singh (Services)	28:58.2 sec
3,000 M STEEPLECHASE	Gopal Saini (Railways)	8 : 49.6 sec

110 M HURDLES	:	Gurbachan Singh (Police)	14.2	sec
400 M HURDLES	:	Lehmber Singh (Police)	52.1	sec
4 × 100 M RELAY	:	RAILWAYS TEAM	41.8	sec
4 × 400 M RELAY	:	HEAVY ENGINEERING TEAM	3:13.8	sec
LONG JUMP	:	T. C. Yohannan (Bihar)	7.78	mts
TRIPLE JUMP	:	Labh Singh (Services)	15.99	mts
HIGH JUMP	:	Suresh Babu (HSEB)	2.05	mts
POLE VAULT	:	Lakhhir Singh (Police)	4.21	mts
SHOT PUT	:	Bahadur Singh (HSEB)	18.35	mts
DISCUS THROW	:	Praveen Kumar (Police)	55.00	mts
JAVELIN THROW	:	Jujhar Singh (SPSB)	70.16	mts
HAMMER THROW	:	Praveen Kumar (Police)	65.76	mts
MARATHON	:	Shiv Nath Singh (Services)	2:11:59.4	sec
DECATHLON	:	Suresh Babu (Kerala)	7.070	pts
20 Km. WALK	:	Bachan Singh (Services)	1:27:57.6	sec

WOMEN

100 METRES	:	V. Ansuya Bai (Railways)	12.0	sec
200 METRES	:	Marie Varghese (Karnataka)	25.0	sec
400 METRES	:	Rita Sen (West Bengal)	57.1	sec
800 METRES	:	Geeta Zutshi (Haryana)	2:11.8	sec

1,500 METRES	: Geeta Zutshi (Haryana)	4:35.5	sec
3,000 METRES	: Rekha Jain (Rajasthan)	10:23.0	sec
100 M HURDLES	: Angel Mary (Railways)	15.0	sec
400 M HURDLES	: Angel Mary (Railways)	1:03.7	sec
4 × 100 M RELAY	: UNIVERSITIES TEAM	49.3	sec
	: RAILWAYS TEAM	49.3	sec
4 × 400 M RELAY	: KERALA TEAM	3:57.5	sec
HIGH JUMP	: Usha Rani Misra (Railways)	1.61	mts
LONG JUMP	: Angel Mary (Railways)	5.95	mts
SHOT PUT	: B. Khambatta (Railways)	12.69	mts
DISCUS THROW	: V. Ansuya Bai (Railways)	44.68	mts
JAVELIN THROW	: Elizabeth Davenport (Punjab)	45.98	mts
PENTATHLON	: Angel Mary (Railways)	3,374	pts

DECADEWISE PROGRESS OF INDIAN RECORDS

MEN

100 METRES:

1950	R. E. Kitto (Ceylon)	10.5 sec
1960	L. Pinto (Bombay)	10.6 sec
1970	K. L. Powell (Railways)	10.4 sec
1980	K. Natrajan (Railways)	10.3 sec

200 METRES:

1950	Pritam Singh (Patiala)	22.1 sec
1960	Milkha Singh (Services)	20.8 sec
1970	Milkha Singh (Services)	20.8 sec
1980	Milkha Singh (Services)	20.8 sec

400 METRES:

1950	M. M. P. Pereira (Ceylon)	49.5 sec
1960	Milkha Singh (Services)	46.1 sec
1970	Milkha Singh (Services)	45.6 sec
1980	Milkha Singh (Services)	45.6 sec

800 METRES:

1950	Hazura Singh (Patiala)	1:56.8 sec
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1960	Daljit Singh (Services)	1:52.2	sec
1970	Sri Ram Singh (Services)	1:48.3	sec
1980	Sri Ram Singh (Services)	1:45.7	sec

1,500 METRES :

1950	Chand Singh (Patiala)	4:4.2	sec
1960	Mukhtiar Singh (Services)	3:56.0	sec
1970	E. Sequeira (Maharashtra)	3:43.7	sec
1980	E. Sequeira (Maharashtra)	3:43.7	sec

5,000 METRES :

1950	Rounaq Singh (Punjab)	15:23.0	sec
1960	Pan Singh (Services)	14:43.2	sec
1970	Kripal Singh (Services)	14:24.6	sec
1980	Gopal Saini (Railways)	13:59.8	sec

10,000 METRES :

1950	Rounaq Singh (Punjab)	32:2.6	sec
1960	Buta Singh (Services)	31:18.2	sec
1970	Kripal Singh (Services)	29:34.0	sec
1980	Hari Chand (Police)	28:42.0	sec

3,000 METRES STEEPLECHASE

1950	Nazir Singh (Patiala)	10:1.9	sec
1960	Pan Singh (Services)	9:7.8	sec

1970	Gurmej Singh (Services)	8:53.2	sec
1980	Gopal Saini (Railways)	8:44.8	sec
5 KILOMETRES WALK			
1950	Sadhu Singh (Patiala)	26:13.0	sec
10 KILOMETRES WALK			
1950	Rounaq Singh (Patiala)	54:23.8	sec
20 KILOMETRES WALK			
1960	Zora Singh (Services)		
1970	Bachan Singh (Services)	1:33:33.0	sec
1980	Bachan Singh (Services)	1:27:57.6	sec
50 KILOMETRES WALK			
1950	Bakhtawar Singh (Patiala)		
1960	Zora Singh (Services)	5:15:8.4	sec
		4:36:46.8	sec
1970	Kishan Singh (Punjab)	4:19:46.4	sec
110 METRES HURDLES			
1950	V. Vickers (Bombay)	15.2	sec
1960	Siri Chand (Services)	14.5	sec
1970	Gurbachan Singh (Police)	14.0	sec
1980	Gurbachan Singh (Police)	14.0	sec
400 METRES HURDLES			
1950	D. White (Ceylon)	54.9	sec
1960	Jagdev Singh (Punjab)	52.5	sec

1970	Amrit Pal (Services)	52.2 sec
1980	K. Balasubramaniam (Tamil Nadu)	51.6 sec
4 x 100 METRES RELAY		
1950	Ceylon Team	42.5 sec
1960	Services Team	42.1 sec
1970	National Team (Tokyo Olympics)	40.5 sec
1980	National Team	40.3 sec
4 x 400 METRES RELAY		
1950	Ceylon Team	3:23.4 sec
1960	Services Team	3:12.6 sec
1970	National Team	3:8.8 sec
1980	National Team	3:08.2 sec
MARATHON		
1950	Chhota Singh (Patiala)	2 : 42 : 33.6 sec
1960	Lal Chand (Services)	2 : 28 : 22.4 sec
1970	Harnek Singh (Services)	2 : 18 : 58.6 sec
1980	Shivnath Singh (Services)	2 : 11 : 59.2 sec
HIGH JUMP		
1950	Gurnam Singh (Patiala)	6'-2-3/8"
1960	Ajit Singh (Punjab)	6'-6"
1970	Bhim Singh (Services)	2.09 mts
1980	Bhim Singh (Services)	2.09 mts

LONG JUMP

1950	Niranjan Singh (Punjab)	22'-10½"
1960	Ram Meher (Services)	24'-9¼"
1970	K. Sridhar Alwa (Railways)	7.58 mts
1980	T. C. Yohanan (Bihar)	8.07 mts

TRIPLE JUMP

1950	Henry Rebello (Mysore)	50'-2"
1960	Mohinder Singh (Services)	50'-5"
1970	Mohinder Singh (Punjab)	16.76 mts
1980	Mohinder Singh (Punjab)	16.79 mts

SHOT PUT

1950	Zahoor Ahmed (Patiala)	45'-2"
1960	Parduman Singh (Services)	48'-10½"
1970	Jogender Singh (Services)	17.24 mts
1980	Bahadur Singh (Bihar)	18.66 mts

DISCUS THROW

1950	Som Nath (Patiala)	130'-8-1/8"
1960	Parduman Singh (Services)	157'-7"
1970	Praveen Kumar (Police)	55.48 mts
1980	Praveen Kumar (Police)	56.74 mts

JAVELIN THROW

1950	E. Whiter (Punjab)	183'-2½"
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1960	Avtar Singh (Punjab)	20'1"-4"
1970	Pritam Singh (Police)	67.32 mts
1980	Gopal Kidyoor (Maharashtra)	72.98 mts

POLE VAULT

1950	M. Hossain (U.P.)	12'-2½"
1960	Ramachandran (Madras)	13'-1"
1970	Lakshbir Singh (Police)	4.21 mts
1980	Rajendra Kumar (Bihar)	4.25 mts

HAMMER THROW

1950	Som Nath (Patiala)	153'-8"
1960	Devi Dayal (Services)	166'-10"
1970	Praveen Kumar (Police)	65.76 mts
1980	Praveen Kumar (Police)	65.76 mts

DECATHLON

1960	Gurbachan Singh (Delhi)	5,973 pts
1970	Gurbachan Singh (Delhi)	6,912 pts
1980	Suresh Babu (Kerala)	7,380 pts

WOMEN

50 METRES :

1950	Banoo Gazder (Bombay)	6.5 sec
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100 METRES :

1950	D. Beek (Bengal)	12.4	sec
1960	Stephie D'Souza (Maharashtra)	12.2	sec
1970	Stephie D'Souza (Maharashtra)	12.2	sec
1980	P. T. Usha (Kerala)	11.8	sec

200 METRES :

1950	D. Beek (Bengal)	27.0	sec
1960	Stephie D'Souza (Maharashtra)	25.3	sec
1970	Kamaljit Sandhu (Punjab)	25.2	sec
1980	P. T. Usha (Kerala)	24.6	sec

400 METRES :

1970	Kamaljit Sandhu (Punjab)	56.3	sec
1980	Rita Sen (West Bengal)	54.99	sec

800 METRES :

1960	C. Joseph (Kerala)	2 : 43.4	sec
1970	Harpal Brar (Punjab)	2 : 17.4	sec
1980	Geeta Zutshi (Haryana)	2 : 06.6	sec

1,500 METRES :

1970	Neena Chopra (Punjab)	4 : 51.4	sec
1980	Geeta Zutshi (Railways)	4 : 28.2	sec

3,000 METRES :

1980	Jagwanti Ahlawat (Haryana)	10 : 19.5	sec
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80 M HURDLES :

1960 Mary Leela Rao (Bombay)

11.5 sec

1970 Manjit Walia (Punjab)

11.2 sec

100 M HURDLES :

1970 Manjit Walia (Punjab)

14.3 sec

1980 Manjit Walia (Punjab)

14.3 sec

400 M HURDLES :

1980 N. D. Valsamma (Kerala)

61.4 sec

4 x 100 METRES RELAY :

1950 Bengal Team

52.9 sec

1960 Bombay Team

49.9 sec

1970 National Team

49.4 sec

1980 National Team

46.93 sec

4 x 400 METRES RELAY :

1980 Kerala Team

3 : 50.9 sec

HIGH JUMP .

1950 Una Lyons (Punjab)

4'-11¾"

1960 Vasantha Kumari (Kerala)

5'-1"

1970 L. Gomes (Madras)

1.57 mts

1980 Usha Rani Misra (Orissa)

1.67 mts

LONG JUMP :

1950 Marjorie Snares (Mysore)

16'-4.7/8"

1960	C. Brown (Bombay)	17'-10½"
1970	C. Forage (Maharashtra)	5.71 mts
1980	Angel Mary (Railways)	6.05 mts

SHOT PUT :

1950	M. D. Yates (Uttar Pradesh)	31'-10½"
1960	Elizabeth Davenport (Bihar)	35'-7¼"
1970	K. Chatwal (Railways)	12.83 mts
1980	Subrata Debnath (West Bengal)	13.10 mts

DISCUS THROW :

1950	M. Gilbert (Bombay)	92'-10¾"
1960	Man Mohini (Delhi)	120'-1½"
1970	Elizabeth Davenport (Punjab)	39.76 mts
1980	Anusuya Bai (Railways)	45.96 mts

JAVELIN THROW :

1950	S. Priestley (Mysore)	99'-1½"
1960	Elizabeth Davenport (Rajasthan)	151'-11"
1970	Elizabeth Davenport (Punjab)	47.38 mts
1980	Elizabeth Davenport (Punjab)	47.38 mts

PENTATHLON :

1970	C. Forage (Maharashtra)	3,931 pts
1980	Angel Mary (Railways)	3,837 pts

ARCHERY

Archery or Dhanurvidya is an ancient art in most of the East. Indian folklore is full of the chivalrous feats of ancient bowmen who practised archery to perfection. But in course of time, the skills so perfected in this region were forgotten and lost, and the Western world went ahead in this field to a point at which it almost revolutionised the concept of this sport by modernising its implements and innovating the rules of the competition. Archery, as it is practised in the world today in competitive sport, is a totally new concept, and is practised with bows made of fibre-glass that give them extra elasticity and tension. Modern bowmen no longer aim at revolving fish, but from four specific distances at a circular target coloured appropriately to signify the area of accuracy for scoring points.

India is a latecomer in this sport. An organised body came into being here only in 1973 and because the essential equipment was not available—it is foreign and very expensive—archery has not been able to strike deep roots yet. At Asian Games level, this sport was introduced only in 1978 at Bangkok where nine teams and sportsmen from eleven countries participated. A Chinese woman and a Japanese man easily emerged as firsts.

An Asian archery meet was organised in Calcutta in 1980 where the trends set in Bangkok were maintained except in the individual section where an Indonesian, Donald Pandiangam, dominated the sport with superb finesse. Archery is included in the 1982 Asian Games.

ASIAN GAMES RECORDS BANGKOK-1980

ARCHERY

MEN (Individual) :

90 METRES	Yoshira Miyata	Japan	293	pts
70 METRES	Ichiro Shimamura	Japan	310	pts
50 METRES	Ichiro Shimamura	Japan	319	pts
30 METRES	Shen-Chi Hao	China	337	pts

INDIVIDUAL CHAMPIONSHIPS :

Shimamura Ichiro	Japan	3,250	pts
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TEAM CHAMPIONSHIPS:

JAPAN	—	3,692	pts
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WOMEN (Individual):

70 METRES	Yuriko Gota	Japan	292/360	pts
60 METRES	Kim Hyang Min	Korea (P.R.)	325	pts
50 METRES	Kim Gin-Ho	S. Korea	300	pts
30 METRES	Amomrat Kaewbaidhoon	Thailand	341	pts

INDIVIDUAL CHAMPIONSHIPS:

Kim Gin-Ho	S. Korea	1,230/1,440	pts
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TEAM CHAMPIONSHIPS:

JAPAN	—	3,630	pts
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ASIAN RECORDS (Venue CALCUTTA) 1980

ARCHERY

MEN (Individual):

90 METRES	Takayoshi Matsushita	Japan	295	pts
70 METRES	Takayoshi Matsushita	Japan	322	pts
50 METRES	Donald Pandiangam	Indonesia	326	pts
30 METRES	Donald Pandiangam	Indonesia	348	pts

INDIVIDUAL CHAMPIONSHIPS:

Donald Pandiangam	Indonesia	1,272/1,440	pts
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TEAM CHAMPIONSHIPS:

JAPAN	—	3,742/4,420	pts
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WOMEN (Individual):

70 METRES	Fan-Ai Meng	China	300	pts
60 METRES	Fan-Ai Meng	China	312	pts
50 METRES	Mei-Zhen Guo	China	296	pts
30 METRES	Yoshiko Okazaki	Japan	338	pts
	Mei-Zhen Guo	China	338	pts

INDIVIDUAL CHAMPIONSHIPS:

Fan-Ai Meng	China	1,243/1,440	pts
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TEAM CHAMPIONSHIPS:

CHINA	—	3,663/4,420	pts
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NATIONAL RECORDS

ARCHERY

MEN:

90 METRES	Pradip Kundu	West Bengal	245/360	pts
70 METRES	Rajesh Sharma	Delhi	288	pts
50 METRES	Rajesh Sharma	Delhi	290	pts
30 METRES	Sisir Das	West Bengal	333	pts

INDIVIDUAL CHAMPIONSHIPS:

Pradip Kundu

West Bengal 1,140/1,440 pts

TEAM CHAMPIONSHIPS:

WEST BENGAL

— 3,260/4,320 pts

WOMEN:

70 METRES

Krishna Das

West Bengal 267/360 pts

60 METRES

Krishna Das

West Bengal 279 pts

50 METRES

Krishna Das

West Bengal 252 pts

30 METRES

Krishna Das

West Bengal 324 pts

INDIVIDUAL CHAMPIONSHIPS:

Krishna Das

West Bengal 1,122/1,440 pts

TEAM CHAMPIONSHIPS:

WEST BENGAL

— 3,112/4,320 pts

CYCLING

From the time when the Frenchman, Monsieur de Sirvac, invented a contraption that later came to be christened a "Bicycle", it has served as a poor man's vehicle around the world. In India, Jawaharlal Nehru used to describe India's progress in the popular phrase: "We have now reached the bicycle age".

Cycling competitions are known to have begun in 1878 and cycling has been an Olympic discipline for quite long. India took to the sport only at the turn of the half-century, when through the efforts of some officials in Bombay, the great sport-builder of India, already mentioned, Anthony de Mello, was persuaded to build a concrete cycle track in the NSCI sports stadium, prepared to host the first Asian Games in 1951. A track was simultaneously built at the NSCI Club stadium in Bombay. Later, Bangalore and Patiala provided the tarmacked bowl that is today called the Velodrome. The Delhi track was uprooted in the early sixties, and cycling almost died in this region till Patiala and Bikaner came to the rescue of the Cycling Federation of India. Thus, lack of a suitable venue, and shortage of good racing cycles that still continue to be imported, contributed to the stagnation that we have experienced in this sport over the years. It was only after great persuasion and haggling that the organisers of the 1982 Asiad, after carefully weighing the pros and cons of investing large sums of money in constructing a new velodrome, decided to include cycling as an event in the 1982 Asian Games to be held at New Delhi.

Paradoxically, India has given a rousing start to this sport while including the event in the first Asiad at New Delhi in 1951. Though modern cycling velodromes have been built in many countries of Asia by now, the sport has acquired neither the glamour nor the spectator-interest that induce these countries to organise regional events with any periodicity. The result is that many Asian meets in cycling have been organised on a grass or bitumen surface. This has contributed to a lack of any statistical data being available in the shape of records for the events.

Even in India the surfaces have been so widely different that records set in one venue seem to have lost all relevance at another that was either too fast or too slow. Then, again, the normal technical requirements of the track have been rarely met to afford our cyclists any opportunity to improve their standards. The Indian cycling team that went to the 1964 Olympic Games at Tokyo and the 1970 Asian Games at Bangkok got scratched because the cyclists found the angle to the track at 45 degrees too steep to negotiate.

ASIAN GAMES RECORDS

CYCLING

<i>Event</i>	<i>Year</i>	<i>Venue</i>	<i>Winner</i>	<i>Country</i>	<i>Time</i>
800 M Massed Start	1966	Bangkok	P. Chullamondhol	Thailand	1:05.27 sec
1,000 M Time Trial	1978	Bangkok	Swan-Sun Lee	S. Korea	1:11.15 sec
1,600 M Massed Start	1966	Bangkok	S. Krisanasuwan	Thailand	2:17.72 sec
1,600 M Time Trial					
(Team)	1970	Bangkok	JAPAN	—	1:55.09 sec
4,000 M Individual					
Pursuit	1978	Bangkok	I. Toshiaki	Japan	5:17.43 sec
4,000 M Team Pursuit	1951	India	INDIA	—	4:29.6 sec
			JAPAN	—	4:29.6 sec
4,800 M Massed Start	1966	Bangkok	P. Chullamondhol	Thailand	7:10.31 sec
10,000 M Massed Start	1970	Bangkok	C. Sopnpong	Thailand	17:13.90 sec
100 km Team Trial	1970	Bangkok	JAPAN	—	2:13:38.61 sec
200 km Ind. Massed					
Start	1970	Bangkok	Joo Ngan Ng	Malaysia	5:12:0.50 sec
200 km Team Massed					
Start	1970	Bangkok	KOREA	—	15:42:37.80 sec

1,000 M Sprint	1974	Teheran	S. Okajima	Japan	11.47 sec
1000 M Ind. Time Trial	1974	Teheran	S. Okajima	Japan	1:11.31 sec
100 M	1951	India	S. Sugihara	Japan	1:20.2 sec
180 km Road Race					
(Massed Start)	1951	India	Kihei Tomioka	Japan	3:22:23.5 sec
159.232 km Ind. Road					
Race	1962	Djakarta	T. Jirapan	Thailand	4:53:25.8 sec
180 km Open Road					
Race (Team)	1962	Djakarta	INDONESIA	—	17:57:44.4 sec

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ASIAN RECORDS

1,000 M TIME TRIAL :					
1971	Yaichi Numata	Japan			1:16.84 sec
1,000 M SPRINT (Time for last 200 metres only):					
4,000 M INDIVIDUAL PURSUIT:					
1971	K. Yamamoto	Japan			5:17.43 sec
4,000 M TEAM PURSUIT:					
1971	JAPAN TEAM	—			5:10.64 sec
100 Km. ROAD TEAM TIME TRIAL:					
1979	JAPAN TEAM	—			2:28:23.6 sec

NATIONAL RECORDS

1,000 M TIME TRIAL:	S.S. Mann	Bihar	1:13.97 sec
1,000 M SPRINT:	S.S. Mann	Bihar	11.90 sec
4,000 M INDIVIDUAL PURSUIT:	Dalbir Singh	Punjab	5:28.0 sec
4,000 M TEAM PURSUIT:	BIHAR TEAM	—	5:11.2 sec
100 Km. ROAD TEAM TIME TRIAL:	BIHAR TEAM	—	2:31:08 sec

SHOOTING

Shooting, like archery, has had long traditions in India, but both sports suffer from the primitiveness forced on us by the fact that our country has not developed industrially and scientifically to a level at which the implements and equipment required for them are indigenously available. Today, for our shooters who go to international meets, the gun is of imported variety and the cartridges used are foreign. Regulations and cost considerations keep most enthusiasts in this sport out. Only the elite, and those who can afford the high cost of the sport, are attracted, and only they can practise shooting on a sustained basis. These limitations have restricted India's participation and performance at international level.

You can indeed count the good shooters on your fingers. Pride of place in this exclusive group must of course go to Maharaja Karni Singh of Bikaner who produced some dazzling performances in the trap and skeet events at the Olympic, World and Asian meets. He tied for the world crown with Italian Metrelli at a score of 192/200 in the trap event in World Championships held at Cairo in 1962 but later lost the title in a shoot-off.

Following him closely in trap and skeet supremacy, was Rajkumar Randhir Singh, son of Raja Bhalindra Singh, President of the Indian Olympic Association, and the Asian Games Federation. Randhir follows his guide and mentor well and eventually improved on his 'guru', when he secured the coveted gold medal at the last Asian Games in Bangkok with a score of 188/200.

It is a point that Maharaja Karni Singh had won a silver medal in trap at the Teheran Games with a better

score (189). Randhir's youth makes him a potential champion for some years to come. Shooting has suffered also because of the lack of a proper range in India. With the inclusion of the event in the 1982 calendar, we hope to acquire facilities which will be a boon for our shooters competing for international honours.

ASIAN GAMES RECORDS SHOOTING

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<i>Event</i>	<i>Year</i>	<i>Venue</i>	<i>Winner</i>	<i>Country</i>	<i>Pts.</i>
Pistol—Standard	1978	Bangkok	Tse-Ning Teng	China	571
Pistol—Standard (Team)	1978	Bangkok	CHINA	—	2,257
Air Pistol	1978	Bangkok	S. Fumihisa	Japan	383
Air Pistol (Team)	1978	Bangkok	JAPAN	—	1,507
Air Rifle	1974	Teheran	Ri Ho Joon	DPR Korea	383
	1978	Bangkok	Li-Chin Pang	China	383
Air Rifle (Team)	1978	Bangkok	CHINA	—	1,514
Centre Fire—Pistol	1974	Teheran	H. Akatsuka	Japan	582
	1978	Bangkok	A. Hiroyuki	Japan	582
	1974	Teheran	CHINA	—	2,314
Centre Fire—Pistol (Team)	1978	Bangkok	Jong-Kil Park	DPR Korea	593
Pistol—Rapid Fire	1978	Bangkok	DPR KOREA	—	2,348
Pistol—Rapid Fire (Team)	1978	Bangkok	Suchin-Po	China	560
Pistol—Free	1978	Bangkok	CHINA	—	2,182
Pistol—Free (Team)	1978	Bangkok	CHINA	—	4,556
Small Bore—Rifles:three positions (Team)	1974	Teheran	T. Aso	Japan	194
Skeet					

Sweet (Team)	1978	Bangkok	JAPAN	—	558
Trap	1974	Teheran	Matsuoka	Japan	192
Trap (Team)	1974	Teheran	JAPAN	—	543
Small Bore Rifle—Prone	1978	Bangkok	Kim Kyung Ho	DPR Korea	598
Small Bore Rifle—Prone (Team)	1978	Bangkok	DPR KOREA	—	2,361
Small Bore Rifle—Three positions	1978	Bangkok	Ri Ho Jun	DPR Korea	1,148
Standard Rifle	1978	Bangkok	Kim Dong Gil	DPR Korea	577
Standard Rifle (Team)	1978	Bangkok	CHINA	—	2,280
Free Rifle	1958	Tokyo	A. Feliciano	Philippines	1,069

ASIAN RECORDS

MEN

<i>Event</i>	<i>Winner</i>	<i>Country</i>	<i>Pts.</i>
Air Pistol	Semizuki Fumihisa	Japan	384
Air Rifle	Mu Xiaoxuan	China	385
English Match	KOREA	—	2,365
Free Rifle—3 Positions	Jing Dongxiang	China	1,149
Centre Fire	Leng Shubin	China	586
	Park Jong Kil	Korea	585
Rapid Fire	Park Jong Kil	Korea	595

WOMEN:

Air Pistol (Individual)	Goa Jianmin	China	378
Air Pistol (Team)	Peoples Republic of China		1,119
Standard Rifle—3 Positions (Individual)	Jing Dongxiang	China	570
	Leng Guiying	China	570
Standard Rifle—3 Positions (Team)	Peoples Republic of China	—	1,700
Standard Rifle (Prone)	Jing Dongxiang	China	594
Standard Rifle—Prone (Team)	Peoples Republic of China	—	1,775

NATIONAL RECORDS (Up to 1980)

MEN

Event	Winner	pts
Free Rifle—3 Positions	S.K. Roy Choudhury	1,102
40 Prone Position	I.C. Chittipa	395
40 Kneeling Position	P.K. Chatterjee	374
40 Standing Position	S.K. Roy Choudhury	364
Free Rifle—Prone Position	I.C. Chittipa	594
Standard Rifle—3 Positions	P.K. Chatterjee	547
Prone	J.J. Zainulabdeen	199

Kneeling	S. K. Roy/Choudhury	188
Standing	S. K. Roy Choudhury	186
Standard Rifle—Prone Position	P. K. Chatterjee	591
Full Bore Rifle—3 Positions	H. C. Shaw	944
Prone	H. C. Shaw	361
Kneeling	Ramvir Singh	320
Standing	Capt. J. S. Dhillon	296
Free Pistol	Sharad P. Chauhan	546
Pistol Rapid Fire	Sharad P. Chauhan	583
Pistol—Centre Fire	Mohinder Lal	582
Pistol—Standard	Mohinder Lal	565
Clay Pigeon Trap	R. K. Randhir Singh (New Rules)	196
Skeet	Hari Simran Singh Sandhu	186
	Gurbir Singh	186
Skeet (Indian Rules)	Wg. Cdr. R. V. Singh	92
	Masood Halim	92
Air Rifle	Capt. J. S. Dhillon	367
Air Pistol	Sharad P. Chauhan	373

WOMEN

Free Rifle—3 Positions	Mrs. Geeta Roy	809
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Prone	Mrs. Geeta Roy	296
Kneeling	Miss Chitra Biswas	285
Standing	Miss Chitra Biswas	253
Free Rifle—Prone Position	Mrs. Geeta Rpy	588
Standard Rifle—3 Positions	Mrs. Geeta Roy	528
Qrone	Mrs. Rita Sinha	194
Kneeling	Miss Madhula Jung	177
Standing	Mrs. Rita Sinha	169
Standard Rifle—Prone Position	Mrs Geeta Roy	584
Free Pistol	Miss Dolly P. Irani	459
Pistol—Rapid Fire	Mrs. Usha Chauhan	539
Pistol—Centre Fire	Mrs. Usha Chauhan	265
Pistol—Standard	Miss Dolly Irani	483
Clay Pigeon Trap	Princess Bhuvaneshwari Kumari	131/150
Clay Pigeon Trap (Indian Rules)	Princess Bhuvaneshwari Kumari	37
Skeet	Princess Bhuvaneshwari Kumari	135
Skeet (Indian Rules)	Princess Bhuvaneshwari Kumari	41
Air Rifle	Miss Madhula Jung	346
Air Pistol	Miss Dolly P. Irani	358

SWIMMING

If Plato was right, and anyone who does not know how to swim or dive in a democracy is an uneducated person, we in India must have many 'uneducated persons'. This country has been blessed with thousands of kilometres of coastline, with hundreds of rivers and rivulets that provide natural facilities for swimming. But the sport has lagged behind competitively for lack of suitable modern coaching and training facilities and for lack, too, of encouragement to swimmers to pursue their sport once their college days are done.

Indian swimmers have entered in international competitions since the 1932 California Games. It was only at the first Asian Games at New Delhi, where swimming was included as an event, that India showed any promise by bagging four gold medals against swimmers from the Philippines, Burma, Singapore and Iran. Japan, to become the dominant swimming force in Asia, did not enter.

Swimming talent has got concentrated at institutions like the Services and Railways, where sportsmen find their future to some extent ensured. But the general standard of Indian swimming has been far from encouraging, especially when we remember that swimming is one of the two mandatory sports recognised at all levels of international collective meets.

ASIAN GAMES RECORDS

MEN

<i>Event</i>	<i>Year</i>	<i>Venue</i>	<i>Winner</i>	<i>Country</i>	<i>Time</i>
100 M Freestyle	1978	Bangkok	T. Yanagidato	Japan	54.01 sec
200 M Freestyle	1978	Bangkok	R. Gerardo	Philippines	1:56.68 sec
400 M Freestyle	1978	Bangkok	T. Shuji	Japan	4:06.83 sec
1,500 M Freestyle	1978	Bangkok	T. Shuji	Japan	16:14.92 sec
100 M Backstroke	1978	Bangkok	Kenji Ikeda	Japan	1:00.76 sec
200 M Backstroke	1978	Bangkok	T. Takahashi	Japan	2:10.87 sec
100 M Breaststroke	1978	Bangkok	T. Shigehiro	Japan	1:04.94 sec
200 M Breaststroke	1978	Bangkok	T. Shigehiro	Japan	2:22.56 sec
100 M Butterfly	1974	Tcheran	H. Hara	Japan	58.21 sec
200 M Butterfly	1974	Tcheran	Y. Komazaki	Japan	2:08.14 sec
200 M Medley	1978	Bangkok	T. Yanagidato	Japan	2:10.22 sec
400 M Medley	1978	Bangkok	T. Kozo	Japan	4:40.80 sec
4 × 100 M Freestyle Relay	1978	Bangkok	JAPAN	—	3:35.91 sec
4 × 200 M Freestyle Relay	1978	Bangkok	JAPAN	—	7:49.75 sec
4 × 100 M Medley Relay	1978	Bangkok	JAPAN	×	3:56.97 sec
Springboard Diving	1978	Bangkok	Kuo—Tsun Wu	China	687.78 pts
High Diving	1978	Bangkok	Liu Hong Lin	China	629.25 pts

WOMEN

<i>Event</i>	<i>Year</i>	<i>Venue</i>	<i>Winner</i>	<i>Country</i>	<i>Time</i>
100 M Freestyle	1978	Bangkok	S. Yamazaki	Japan	1:00.30 sec
200 M Freestyle	1978	Bangkok	B. Rachaniwan	Thailand	2:09.98 sec
400 M Freestyle	1978	Bangkok	S. Junie	Singapore	4:31.35 sec
100 M Backstroke	1978	Bangkok	H. Asari	Japan	1:06.74 sec
200 M Backstroke	1978	Bangkok	H. Asari	Japan	2:23.12 sec
100 M Breaststroke	1978	Bangkok	C. Watanabe	Japan	1:16.04 sec
200 M Breaststroke	1978	Bangkok	C. Watanabe	Japan	2:41.01 sec
100 M Butterfly	1978	Bangkok	Y. Hatsuda	Japan	1:03.56 sec
200 M Butterfly	1978	Bangkok	Y. Hatsuda	Japan	2:15.79 sec
200 M Medley	1974	Teheran	Y. Nishigawa	Japan	2:56.20 sec
400 M Medley	1978	Bangkok	Hirata Mio	Japan	5:08.34 sec
800 M Freestyle	1978	Bangkok	S. Junie	Singapore	9:18.33 sec
4 × 100 M Medley Relay	1978	Bangkok	JAPAN	—	4:27.16 sec
4 × 100 M Freestyle Relay	1978	Bangkok	JAPAN	—	4:03.58 sec
Springboard Diving	1978	Bangkok	Mei—Chin Shin	China	562.49 pts
High Diving	1978	Bangkok	Hsiao—Hsia Chen	China	477.42 pts

ASIAN RECORDS (as on JUNE 1980)

MEN:

<i>Event</i>	<i>Winner</i>	<i>Country</i>	<i>Year</i>	<i>Time</i>
100 M Freestyle	Zhang Diyong	China	1980	0:55.0 sec
200 M Freestyle	Liu Xiao Jun	China	1980	2:03.0 sec
400 M Freestyle	Li Zhong	China	1980	4:24.2 sec
1,500 M Freestyle	Li Zhong	China	1980	17:23.9 sec
100 M Backstroke	Wang Hao	China	1980	1:00.2 sec
200 M Backstroke	Wang Hao	China	1980	2:09.2 sec
100 M Breaststroke	Wang Lin	China	1980	1:07.2 sec
200 M Breaststroke	Wang Lin	China	1980	2:25.6 sec
100 M Butterfly	Luo Zhaoying	China	1980	0:58.2 sec
200 M Butterfly	Luo Zhaoying	China	1980	2:08.0 sec
200 M Individual Medley	Qiao Yong	China	1980	2:15.5 sec
400 M Individual Medley	Qiao Yong	China	1980	4:50.0 sec
4 × 100 M Freestyle Relay	CHINA	—	1980	3:45.2 sec
4 × 200 M Freestyle Relay	CHINA	—	1980	8:23.2 sec
4 × 100 M Medley Relay	CHINA	—	1980	3:59.2 sec
DIVING: Spring Board	Liu Henglin	China	1980	614.85 pts
Platform Board	Liu Henglin	China	1980	546.40 pts

WOMEN:

<i>Event</i>	<i>Winner</i>	<i>Country</i>	<i>Year</i>	<i>Time</i>
100 M Freestyle	Li Miaohe	China	1980	1:01.0 sec
200 M Freestyle	Li Miaohe	China	1980	2:13.2 sec
400 M Freestyle	Fu Yanling	China	1980	4:40.3 sec
800 M Freestyle	Fu Yanling	China	1980	9:41.1 sec
100 M Backstroke	Zhang Zhixin	China	1980	1:08.6 sec
200 M Backstroke	Zhang Zhixin	China	1980	2:27.0 sec
100 M Breaststroke	Zhang Yanping	China	1980	1:20.2 sec
200 M Breaststroke	Zhang Yanping	China	1980	2:52.2 sec
100 M Butterfly	Lin Fan	China	1980	1:06.2 sec
200 M Butterfly	Lin Fan	China	1980	2:27.6 sec
200 M Individual Medley	Zheng Minjian	China	1980	2:36.6 sec
400 M Individual Medley	Zheng Minjian	China	1980	5:26.3 sec
4 × 100 M Freestyle Relay	CHINA	—	1980	4:08.5 sec
4 × 100 M Medley Relay	CHINA	—	1980	4:37.7 sec
DIVING : Spring Board	Li Yihua	China	1980	468.90 pts
Platform Board	Li Yihua	China	1980	405.00 pts

NATIONAL RECORDS (Up to 1980)

MEN :

100 M Freestyle	K. Somasekharan	Police	57.1 sec
200 M Freestyle	M.S. Rana	Delhi	2:10.0 sec
400 M Freestyle	Anil Ganju	Rajasthan	4:39.0 sec
1,500 M Freestyle	Anil Ganju	Rajasthan	18:43.4 sec
100 M Backstroke	Vinod Mahajan	Police	1:07.3 sec
200 M Backstroke	Wilson C. Cheriyan	Kerala	2:28.5 sec
100 M Breaststroke	T. Thoubu Singh	Police	1:12.9 sec
200 M Breaststroke	T. Thoubu Singh	Tamil Nadu	2:42.5 sec
200 M Freestyle	Anita Sood	Maharashtra	2:21.1 sec
400 M Freestyle	Anita Sood	Maharashtra	5:04.4 sec
800 M Freestyle	Anita Sood	Maharashtra	10:25.8 sec

100 M Butterfly	Ashish Chakraborty	Police	1:01.5 sec
200 M Butterfly	Ashish Chakraborty	Police	2:22.8 sec
200 M Individual Medley	T.J. Jacob	Police	2:28.6 sec
400 M Individual Medley	T.J. Jacob	Police	5:22.3 sec
4 × 100 Freestyle Relay	SERVICES TEAM	—	3:56.8 sec
4 × 200 Freestyle Relay	POLICE TEAM	—	9:04.2 sec
4 × 100 M Medley Relay	POLICE TEAM	—	4:18.0 sec

WOMEN :

100 M Freestyle	Anita Sood	Maharashtra	1:03.8 sec
100 M Backstroke	G. Hulme	Maharashtra	1:17.7 sec
200 M Backstroke	Roxena Sethna	Maharashtra	2:52.5 sec
100 M Breaststroke	Y. Kiranmala Devi	Manipur	1:25.5 sec
200 M Breaststroke	Y. Kiranmala Devi	Manipur	3:04.6 sec
	Illa Paul	Bengal	3:04.6 sec
100 M Butterfly	Persis Madan	Maharashtra	1:13.2 sec
	Anita Sood	Maharashtra	1:13.2 sec
200 M Butterfly	Persis Madan	Maharashtra	2:42.2 sec
200 M Individual Medley	Anita Sood	Maharashtra	2:43.6 sec
400 M Individual Medley	Anita Sood	Maharashtra	5:47.2 sec
4 × 100 M Freestyle Relay	MAHARASHTRA TEAM	—	4:39.0 sec
4 × 100 M Medley Relay	MAHARASHTRA TEAM	—	5:08.5 sec

WEIGHT-LIFTING

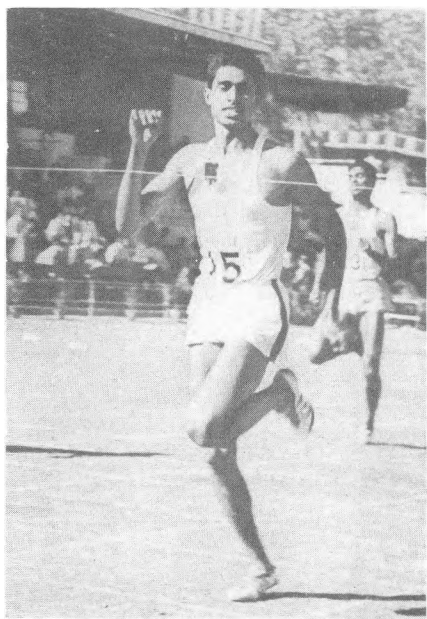
Weight-lifting is one of the lucky sports in the Indian calendar in so far as its participants have had an almost uninterrupted exposure in international competitions since the Berlin Olympic Games of 1936.

Cumulative statistics provided by the Indian Weight-lifting Federation, however, show that there has been only marginal improvement in the records for the sport since 1964. Thus, in the 52 kg class, the record has progressed from 185 kg in 1964 to 215 kg in 1980, while in 56 kg, the figures for two years are 212.5 kg and 225 kg. In the 60 kg class, there has been a decline from 235 kg in 1964 to 232.5 kg in 1980.

Most of India's successes have been recorded in the Commonwealth Games where the competition is restricted to a few nations.



SURESH BABU-
An indomitable
all-round athlete
who won a silver
medal in the
decathlon event
in Teheran
Asian Games
1974.

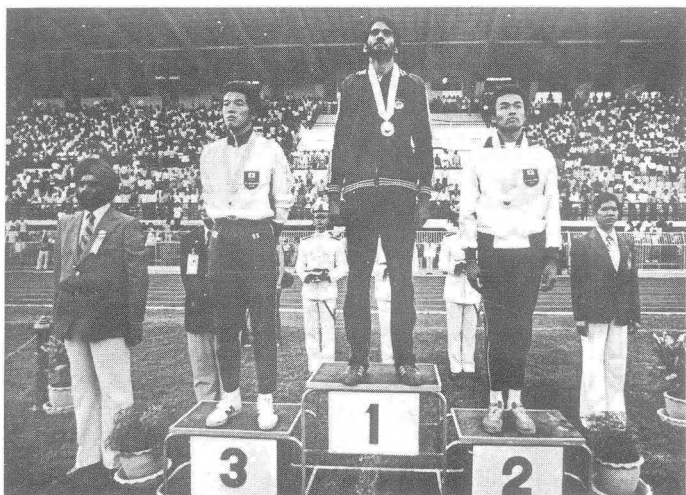


KENNETH POWELL-
One of the finest sprinters
produced by India who
held the 100 metres record
at 10.4 secs for more than
a decade.

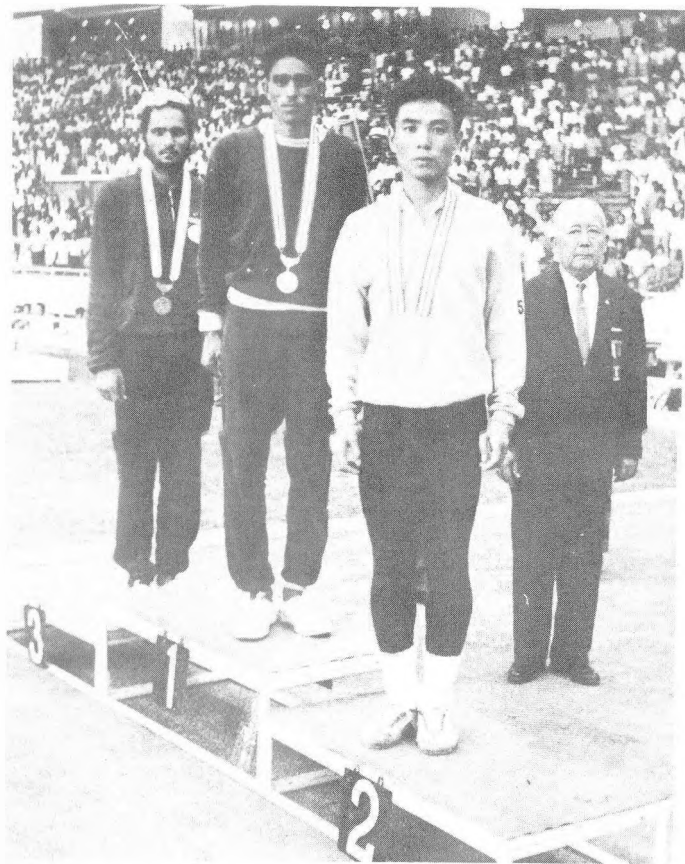
ANASUYA BAI—
Holder of the
National 100
metres record at
12.0 sec., Anasuya
Bai distinguished
herself as a
Petathlon athlete.
She faded out in a
controversial dope
test at Bangkok.



A budding swimmer takes time out after her gruelling event in a national meet. Women's swimming has lagged far behind in this country due to lack of opportunities.



R. GNANASEKHARAN—Proudly displaying the Gold medal he won in the 200 metres event in the last Asian Games in Bangkok with a time of 21.42 secs.



TARLOK SINGH—India's gifted long distance champion who won the silver medal in 5,000 metres event in the Djakarta Asian Games in 1962. Tarlok won a Gold medal in the 10,000 metres clocking 30:37.8 secs.



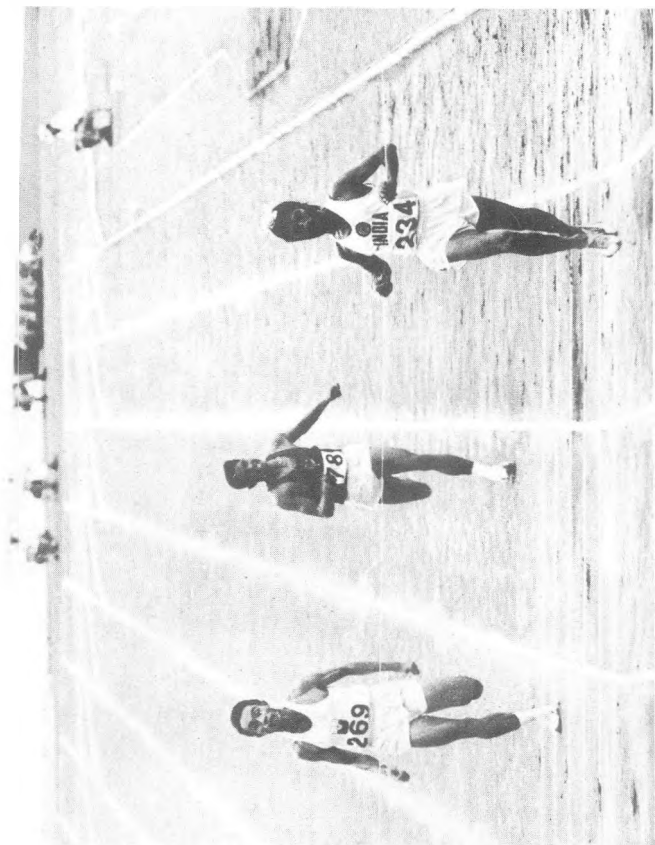
SUCHA SINGH, Dalbir Singh and Amar Singh, three cyclists of national repute who dominated the cycling events in the country for a long period.



DR. KARNI SINGH, The Maharaja of Bikaner, who has given depth and meaning to shooting sport in the country by his sterling performances in Trap and Skeet events.



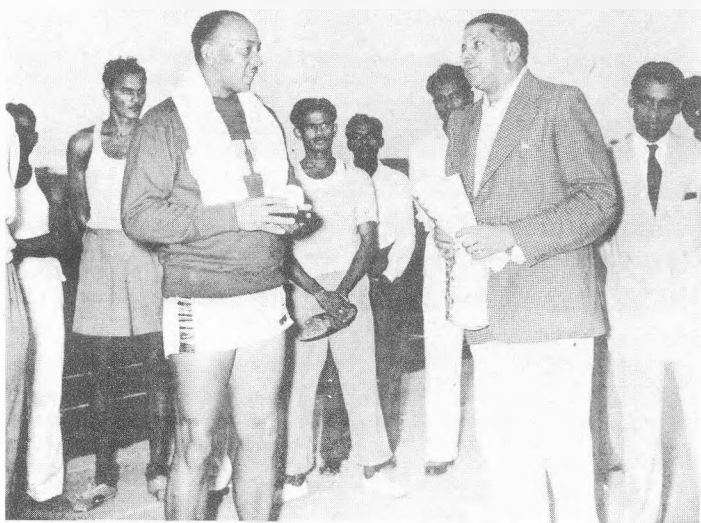
ELIZABETH DAVENPORT whose record of 45.98 metres in Javelin throw has stood the ravages of time for more than two decades now.



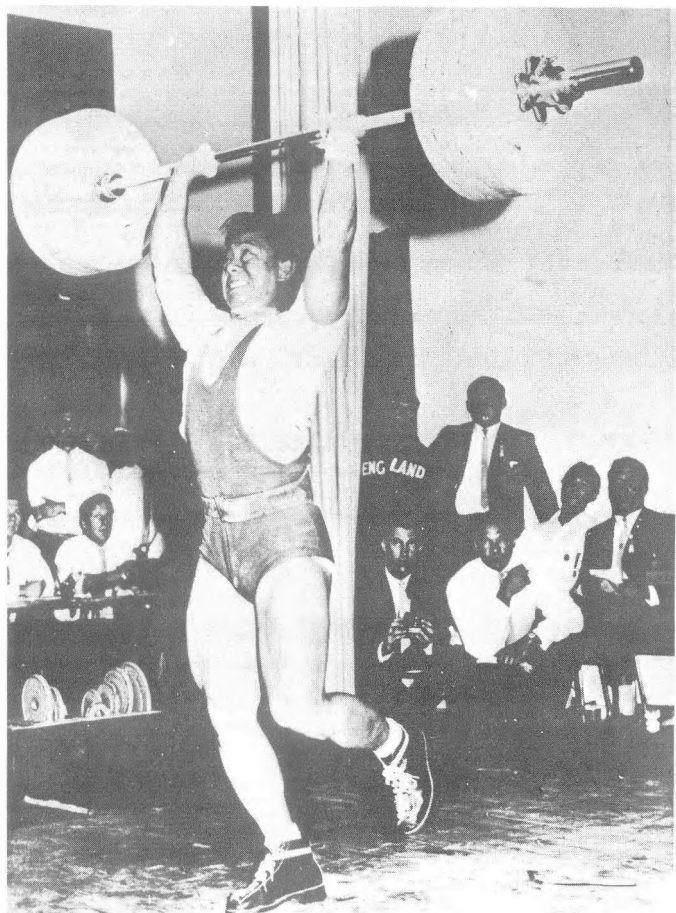
MILKHA SINGH. The Flying Sikh whose exploits in the middle distance made him a popular athlete on the world track comes home easily in the heats of the 400 metres event in 1958 Tokyo Games.



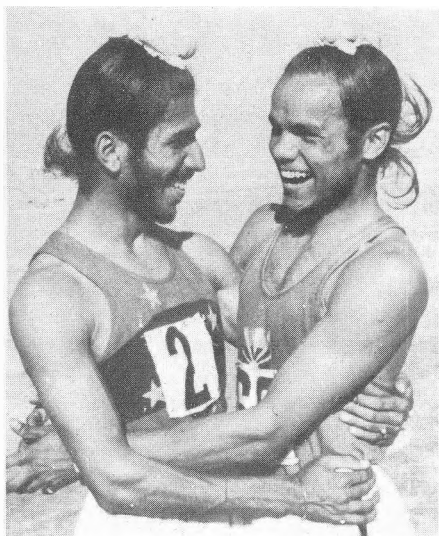
KENJI KIMIHARA—Japan's
legendry marathon runner
who helped to place Asia on
the athletic map of the world.



JESSE OWENS—One of America's greatest coloured athletes who helped to break the Aryan hoodoo of Adolph Hitler during 1936 Berlin Olympic where he won four Golds, talks here with late Anthony de Mello, described as the "Grand Mugul of Indian Sport."



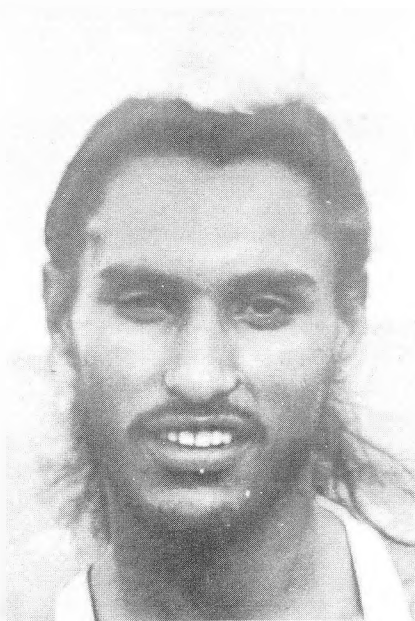
H.L.TAN-Singapore's grant lifter is successful in grabbing the gold medal in the light weight section in the 1958 Asian Games in Tokyo.



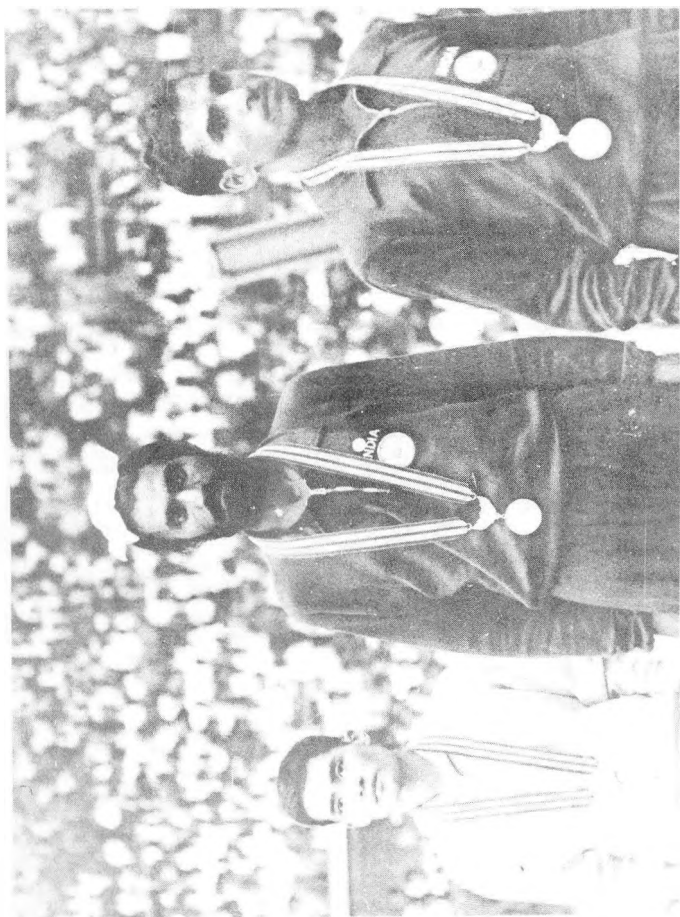
MILKHA SINGH, one of India's finest athletes is hugged by teammate Makhan Singh after the end of a 400 metres race. Makhan Singh provided the stiffest opposition to Milkha in his middle distance events.

GURBACHAN SINGH

The tall, lanky policeman who finished fifth in the short hurdles event at the 1964 Tokyo Olympic Games and dominated the event on the national scene like a maestro. His timing of 14 secs for the event in Tokyo still remains the best performance by an Indian.



MOHINDER SINGH—
The ace middle distance
runner climbs the
victory stand for a gold
medal in the 1500
metres events at the
1962 Asian Games in
Djakarta. He clocked
3:48.6 secs for the
event





CHUNI GOSWAMI-One of India's most effervescent and mercurial centre-forwards in the game of football who represented India with distinction in the Asian Games soccer tournaments.

SRIRAM SINGH The middle distance king of late 70s, Sriram Singh is crowned winner in a European meet. He won the 800 metres event at both Teheran and Bangkok and was an Olympic finalist in Montreal.





LEVY PINTO—India's first fastest man on the track, Levy Pinto, who won both the 100 metres and 200 metres event at the first Asian Games in 1951.

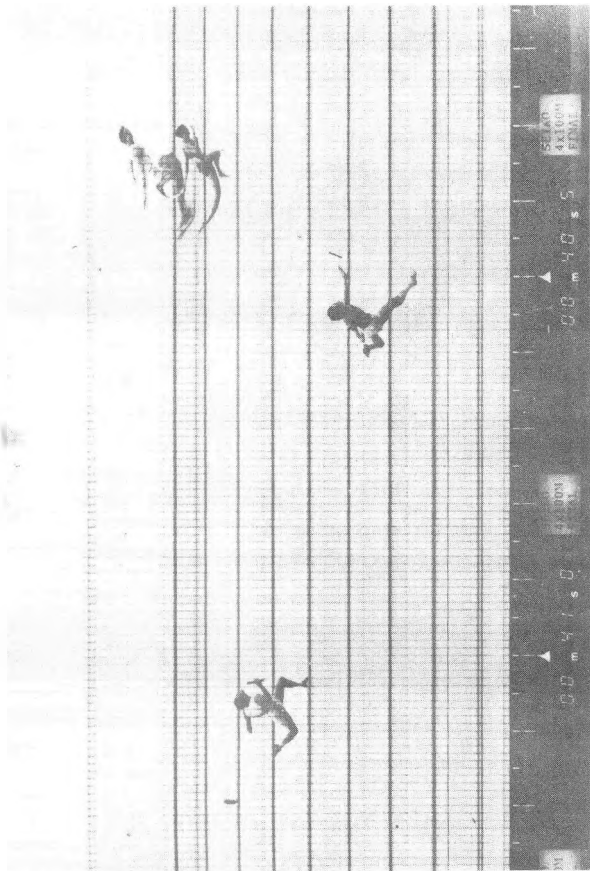
SHIVNATH SINGH—The indefatigable long distance runner, he cornered himself with glory in the Teheran Games of 1974 where won the gold medal in 5000 metres event with a time of 14:20.5 secs.





BAHADUR SINGH Has been a consistent performer in the shot put event in which he holds the national record at 18.35 metres.

**ELECTRONIC
PRECISION-Seiko**
provides the elec-
tronic view at the
end of 4 x 100
metres relay event in
the last Asian
Games event at
Bangkok.



ASIAN GAMES RECORDS

WEIGHT-LIFTING

FLYWEIGHT (52 kg) :

1966	Bangkok	Chaiya Sukchinda	Thailand	322.5 kg
SNATCH :				
1974	Teheran	Gyi Aung Gyi	Burma	105 kg
1978	Bangkok	Han Kyung Si	D. P. R. Korea	105 kg
JERK :				
1974	Teheran	Mohammad Nassiri	Iran	132.5 kg

BANTAMWEIGHT (56 kg) :

1970	Bangkok	Mohammad Nassiri	Iran	365.0 kg
SNATCH :				
1974	Teheran	Kenkichi Ando	Japan	110 kg
JERK :				
1978	Bangkok	Yang Eui Ying	D. P. R. Korea	145 kg

FEATHERWEIGHT (60 kg):

1970	Bangkok	Y. Miyake	Japan	385.0 kg
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SNATCH :

1978 Bangkok

S. R. Song North Korea
Tan Han-Yung P. R. China

123 kg
123 kg

JERK :

1974 Teheran

K. Hirai Japan

155 kg

LIGHTWEIGHT (65.5 kg) :

1970 Bangkok

Nassrolah Dehnavi Iran

425.0 kg

SNATCH :

1978 Bangkok

Kazumasa Hirai Japan

132.5 kg

JERK :

1974 Teheran

Shin-Hee Won Korea

165 kg

MIDDLEWEIGHT (75 kg) :

1966 Bangkok

Masashi Ouchi Japan

455.0 kg

SNATCH :

1966 Bangkok

Masashi Ouchi Japan

142.5 kg

JERK :

1966 Bangkok

Masashi Ouchi Japan

170 kg

1978 Bangkok

Mohd. Trabelis Lebanon
Sunami Taniotsu Japan

170 kg
170 kg

LIGHT HEAVYWEIGHT (82.5 kg) :

1970 Bangkok

Masashi Ouchi Japan

470.0 kg

SNATCH :
 1984 Teheran Sueo Fujishiro Japan 140.0 kg
 JERK :

1958 Tokyo Mohammad Nassiri Iran 180.0 kg

MIDDLE HEAVYWEIGHT (90 kg) :

1966 Bangkok Hyung Woo Lee Korea 452.5 kg

SNATCH :
 1978 Bangkok Ahn Jiyoung S. Korea 140.0 kg
 JERK :

1974 Teheran A. Valli Iran 185.0 kg

HEAVYWEIGHT (110 kg) :

1966 Bangkok Manoucher Boroumano Iran 490.0 kg

SNATCH :
 1974 Teheran H. Karegarnezhad Iran 140.0 kg
 JERK :

1974 Teheran H. Karegarnezhad Iran 185.0 kg
 1978 Bangkok Talal Nagar Syria 185.0 kg

SUPER HEAVYWEIGHT (Over 110 kg) :

1974 Teheran A. Shoroulahi Iran 317.5 kg

SNATCH :
 1978 Bangkok Yang Huai-Ching P. R. China 142.5 kg

JERK :

1978

Bangkok

Hasa Mohmoud

Iraq

180.0 kg



ASIAN RECORDS

(Up to 21-8-1981)

52 kg	Snatch	H. Gyan Si	S. Korea	113.0 kg
	Clean & Jerk	Mohammad Nassiri	Iran	140.0 kg
	Total	H. Gyan Si	S. Korea	247.5 kg
56 kg	Snatch	Wu Shude	China	126.5 kg
	Clean & Jerk	Chen Wei Ching	China	153.0 kg
	Total	Wu Shude	China	260.0 kg
60 kg	Snatch	K. Hirasi	Japan	127.5 kg
	Clean & Jerk	Then Wei giang	China	158.5 kg
	Total	Y. Miyagi	Japan	277.5 kg
67.5 kg	Snatch	Chao Shia Min	China	137.5 kg
	Clean & Jerk	Yao Jing Yuan	China	175.0 kg*
	Total	Yao Jing Yuan	China	312.5 kg

*At Nyoga he lifted 176 kg but the extra pound was not allowed because of the mandatory increase after a lift of 170 kg was only 5 kg more.

75 kg	Snatch	A. Pakzehjan	Iran	151.5 kg
	Clean & Jerk	A. Pakzehjan	Iran	187.5 kg
	Total	A. Pakzehjan	Iran	335.0 kg
82.5 kg	Snatch	A. Pakzehjan	Iran	153.0 kg
	Clean & Jerk	A. Pakzehjan	Iran	187.5 kg
	Total	A. Pakzehjan	Iran	340.0 kg
90 kg	Snatch	N. Ciancio	Australia	157.5 kg
	Clean & Jerk	N. Ciancio	Australia	196.0 kg
	Total	N. Ciancio	Australia	347.5 kg
100 kg	Snatch	T. Rouhani	Iran	161.0 kg
	Clean & Jerk	S. Wyatt	Australia	202.5 kg
	Total	Ahn Ji Young	South Korea	342.5 kg
110 kg	Snatch	J. Barrett	New Zealand	160.0 kg
	Clean & Jerk	S. Wyatt	Australia	202.5 kg
	Total	J. Barrett	New Zealand	355.0 kg
Plus 110 kg	Snatch	B. Edmond	Australia	162.5 kg
	Clean & Jerk	B. Edmond	Australia	203.5 kg
	Total	B. Edmond	Australia	365.0 kg

NATIONAL RECORDS

66

FLYWEIGHT (52 kg) :			
Snatch	E. Karunakaran	(Railways)	215 kg
Jerk	E. Karunakaran	(Railways)	97.5 kg
	Anil Mondal	(Railways)	122.5 kg
BANTAMWEIGHT (56 kg) :			
Snatch	S. Vallaiswamy	(Railways)	230 kg
Jerk	T. Selvan	(Railways)	107.5 kg
	S. Vallaiswamy	(Railways)	130 kg
FEATHERWEIGHT (60 kg) :			
Snatch	B. K. Satapathy	(Services)	232.5 kg
Jerk	A. K. Dass	(Railways)	107.5 kg
	M. L. Ghosh	(Services)	140 kg
LIGHTWEIGHT (67.5 kg) :			
Snatch	A. D'Souza	(Karnataka)	257.5 kg
Jerk	M. L. Ghosh	(Railways)	115.5 kg
	A. D'Souza	(Karnataka)	145 kg
MIDDLEWEIGHT (75 kg) :			
Snatch	K. Balamuruganandan	(Tamil Nadu)	267.5 kg
Jerk	M. L. Ghosh	(Railways)	120 kg
	J. R. Mehta	(Railways)	153 kg
LIGHT HEAVYWEIGHT (82.5 kg) :			
Snatch	V. K. Daroga	(Railways)	275 kg
Jerk	V. K. Daroga	(Railways)	125 kg
	Mehar Chand	(Services)	155.5 kg

MIDDLE HEAVYWEIGHT (90 kg) : V. K. Daroga		
Snatch		285 kg
Jerk	V. K. Daroga	128 kg
	Tara Singh	162.5 kg
HEAVYWEIGHT (100 kg) :		
Snatch	J. S. Malli	287.5 kg
Jerk	Dalbair Singh	127.5 kg
	J. S. Malli	172.5 kg
OVER 100 KILOGRAMS :		
Snatch	Adi Irani	295 kg
Jerk	Dalbair Singh	135 kg
	Adi Irani	170.5 kg

COMPLETE RESULTS OF ASIAN GAMES

ARCHERY

MEN (INDIVIDUAL):

1978	Bangkok	Shimamura Ichiro	Japan	1,250 pts
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MEN (TEAM):

1978	Bangkok	JAPAN	—	3,692 pts
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WOMEN (INDIVIDUAL):

1978	Bangkok	Kim Gin-Ho	Korea	1,230 pts
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WOMEN (TEAM):

1978	Bangkok	JAPAN	—	3,630 pts
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ATHLETICS

MEN

Event	Year	Venue	Winner	Country	Time
100 M	1951	New Delhi	L. Pinto	India	10.8 sec
	1954	Manila	A. Khaliq	Pakistan	10.6 sec
	1958	Tokyo	A. Khaliq	Pakistan	10.9 sec
	1962	Djakarta	M. Sarengat	Indonesia	10.4 sec
	1966	Bangkok	M. Jegathesan	Malaysia	10.5 sec
	1970	Bangkok	M. Jinno	Japan	10.5 sec
	1974	Teheran	Anat Ratnapol	Thailand	10.42 sec
	1978	Bangkok	J. Suchart	Thailand	10.44 sec
	1951	New Delhi	L. Pinto	India	22.00 sec
	1954	Manila	M. Sharif Butt	Pakistan	21.9 sec
200 M	1958	Tokyo	Milkha Singh	India	21.6 sec
	1962	Djakarta	M. Jegathesan	Malaysia	21.3 sec
	1966	Bangkok	M. Jegathesan	Malaysia	21.5 sec
	1970	Bangkok	Anat Ratnapol	Thailand	21.1 sec
	1974	Teheran	Anat Ratnapol	Thailand	21.09 sec

1978	Bangkok	R. Ganasekaran	India	21.42 sec
400 M				
1951	New Delhi	E. Okano	Japan	50.7 sec
1954	Manila	K. Akagi	Japan	48.5 sec
1958	Tokyo	Milkha Singh	India	47.0 sec
1962	Djakarta	Milkha Singh	India	46.9 sec
1966	Bangkok	Ajmer Singh	India	47.1 sec
1970	Bangkok	Y. Tomonaga	Japan	46.6 sec
1974	Teheran	W. Wimaladasa	Ceylon	46.21 sec
1978	Bangkok	Neseyyij Hussain	Iraq	46.71 sec
800 M				
1951	New Delhi	Ranjit Singh	India	1:59.3 sec
1954	Manila	Y. Muroya	Japan	1:54.5 sec
1958	Tokyo	Y. Muroya	Japan	1:52.1 sec
1962	Djakarta	M. Morimoto	Japan	1:52.6 sec
1966	Bangkok	B.S. Barua	India	1:49.4 sec
1970	Bangkok	J. Crampton	Burma	1:47.9 sec
1974	Teheran	Sriram Singh	India	1:47.57 sec
1978	Bangkok	Sriram Singh	India	1:48.80 sec

<i>Year</i>	<i>Venue</i>	<i>Winner</i>	<i>Country</i>	<i>Time</i>
1,500 M	1951 New Delhi	Nikka Singh	India	4 : 4.2 sec
	1954 Manila	Choi Yun-Chill	Korea	3 : 56.2 sec
	1958 Tokyo	M. Khaligh	Iran	3 : 57.6 sec
	1962 Djakarta	Mohinder Singh	India	3 : 48.6 sec
	1966 Bangkok	K. Sawaki	Japan	3 : 47.3 sec
	1970 Bangkok	S. Noro	Japan	3 : 53.0 sec
	1974 Teheran	M. Yunus	Pakistan	3 : 49.3 sec
	1978 Bangkok	Takasai Isnue	Japan	3 : 47.5 sec
5,000 M	1951 New Delhi	Baghbanbasi Ali	Iran	15 : 54.2 sec
	1954 Manila	O. Inoue	Japan	15 : 00.2 sec
	1958 Tokyo	O. Inoue	Japan	14 : 39.4 sec
	1962 Djakarta	Mubarik Shah	Pakistan	14 : 27.2 sec
	1966 Bangkok	K. Sawasaki	Japan	14 : 22.0 sec
	1970 Bangkok	S. L. B. Rosa	Ceylon	14 : 32.2 sec
	1974 Teheran	Shiv Nath Singh	India	14 : 20.5 sec
	1978 Bangkok	Hari Chand	India	14 : 22.0 sec
10,000 M	1951 New Delhi	S. Tamoi	Japan	33 : 49.6 sec
	1954 Manila	Choi Chung-Sik	Korea	33 : 00.6 sec
	1958 Tokyo	T. Baba	Japan	30 : 48.4 sec

<i>Year</i>	<i>Venue</i>	<i>Winner</i>	<i>Country</i>	<i>Time</i>
1962	Djakarta	Tarlok Singh	India	30 : 21.4 sec
1966	Bangkok	K. Tsuchiya	Japan	30 : 27.8 sec
1970	Bangkok	S. L. B. Rosa	Ceylon	29 : 55.6 sec
1974	Teheran	Y. Hamada	Japan	30 : 49.87 sec
1978	Bangkok	Hari Chand	India	30 : 7.7 sec
Marathon				
1951	New Delhi	Chotta Singh	India	2 : 42 : 58.6 sec
1958	Tokyo	Lee Chang Hoon	Korea	2 : 32 : 55.0 sec
1962	Djakarta	M. Nagata	Japan	2 : 34 : 54.2 sec
1966	Bangkok	K. Kimihara	Japan	2 : 33 : 22.0 sec
1970	Bangkok	K. Kimihara	Japan	2 : 21 : 03.0 sec
1978	Bangkok	M. Sakamoto	Japan	2 : 15 : 29.7 sec
110 M Hurdles				
1951	New Delhi	Ng. Liang Chiang	Singapore	15.2 sec
1954	Manila	Sarwan Singh	India	14.7 sec
1958	Tokyo	G. Razik	Pakistan	14.4 sec
1962	Djakarta	Mohd. Sarengat	Indonesia	14.3 sec
1966	Bangkok	Ghulam Razik	Pakistan	14.4 sec
1970	Bangkok	C. Watabe	Japan	14.7 sec
1974	Teheran	Tsui Lin-Ni	China	14.26 sec
1978	Bangkok	Hsun-Hua Wan	China	14.28 sec

<i>Year</i>	<i>Venue</i>	<i>Winner</i>	<i>Country</i>	<i>Time</i>
400 M Hurdles	1951	New Delhi	Japan	54.2 sec
	1954	Manila	Pakistan	54.1 sec
	1958	Tokyo	Taiwan	52.4 sec
	1962	Djakarta	Japan	52.2 sec
	1966	Bangkok	Japan	51.7 sec
	1970	Bangkok	Japan	52.6 sec
	1974	Teheran	Iraq	51.69 sec
	1978	Bangkok	Iraq	50.81 sec
3,000 M				
Steeplechase	1951	New Delhi	Japan	9 : 30.4 sec
	1954	Manila	Japan	9 : 15.0 sec
	1958	Tokyo	Pakistan	9 : 03.0 sec
	1962	Djakarta	Pakistan	8 : 57.8 sec
	1966	Bangkok	Japan	8 : 53.6 sec
	1970	Bangkok	Japan	8 : 48.8 sec
	1974	Teheran	Japan	8 : 75.95 sec
	1978	Bangkok	Japan	8 : 40.7 sec
High Jump	1951	New Delhi	Philippines	6' - 4½"
	1954	Manila	India	6' - 4.7/8"

<i>Year</i>	<i>Venue</i>	<i>Winner</i>	<i>Country</i>	<i>Time</i>
1958	Tokyo	N. Ethirveerasingham	Ceylon	2.03 mts
1962	Djakarta	K. Sugioka	Japan	2.08 mts
1966	Bangkok	Bhim Singh	India	2.05 mts
1970	Bangkok	T. Ghiassi	Iran	2.06 mts
1974	Teheran	T. Ghiassi	Iran	2.21 mts
1978	Bangkok	T. Sakamoto	Japan	2.20 mts
Long Jump				
1951	New Delhi	M. Tajima	Japan	23' - 5¼"
1954	Manila	N. Sagawa	Japan	23' - 5/8"
1958	Tokyo	Suh Yong-Joo	Korea	7.54 mts
1962	Djakarta	T. Okazaki	Japan	7.41 mts
1966	Bangkok	H. Yamada	Japan	7.48 mts
1970	Bangkok	S. Ogura	Japan	7.62 mts
1974	Teheran	T. C. Yohannan	India	8.07 mts
1978	Bangkok	Suresh Babu	India	7.85 mts
Triple Jump				
1951	New Delhi	Y. Limuro	Japan	49' - 9¼"
1954	Manila	N. Sagawa	Japan	49' - 7.7/8"
1958	Tokyo	Mohinder Singh Gill	India	15.62 mts
1962	Djakarta	K. Sakurai	Japan	15.57 mts
1966	Bangkok	K. Gusmiken	Japan	15.61 mts

<i>Year</i>	<i>Venue</i>	<i>Winner</i>	<i>Country</i>	<i>Time</i>
1970	Bangkok	Mohinder Singh Gill	India	16.11 mts
1974	Teheran	Toshiaki Inoue	Japan	16.45 mts
1978	Bangkok	N. Masami	Japan	16.56 mts
1951	New Delhi	B. Sawada	Japan	13' - 6"
1954	Manila	B. Sawada	Japan	13' - 4"
1958	Tokyo	N. Yasuda	Japan	4.20 mts
1962	Djakarta	H. Morita	Japan	4.40 mts
1966	Bangkok	T. Hirota	Japan	4.70 mts
1970	Bangkok	K. Inoue	Japan	4.80 mts
1974	Teheran	Y. Kigawa	Japan	5.00 mts
1978	Bangkok	T. Tomomi	Japan	5.10 mts
1951	New Delhi	H. Nagayasn	Japan	209' - 10½"
1954	Manila	Mohammad Nawaz	Pakistan	210' - 10½"
1958	Tokyo	Mohammad Nawaz	Pakistan	69.41 mts
1962	Djakarta	T. Miki	Japan	74.56 mts
1966	Bangkok	N. Singh	Malaysia	72.92 mts
1970	Bangkok	H. Yamamoto	Japan	71.24 mts
1974	Teheran	T. Yamada	Japan	76.12 mts
1978	Bangkok	Mao-Mao Shen	China	79.24 mts
Javelin Throw				

<i>Year</i>	<i>Venue</i>	<i>Winner</i>	<i>Country</i>	<i>Time</i>	
Discus Throw	1951	New Delhi	Makhan Singh	India	130' - 10¼"
	1954	Manila	Parduman Singh	India	142' - 3.5/8"
	1958	Tokyo	Balkar Singh	India	47.66 mts
	1962	Djakarta	S. Yanagawa	Japan	47.71 mts
	1966	Bangkok	Praveen Kumar	India	49.62 mts
	1970	Bangkok	Praveen Kumar	India	52.32 mts
	1974	Teheran	J. Keshmiri	Iran	56.82 mts
	1978	Bangkok	Li Wei-Nah	China	56.26 mts
Shot Put	1951	New Delhi	Madan Lal	India	45' - 2½"
	1954	Manila	Parduman Singh	India	46' - 4"
	1958	Tokyo	Parduman Singh	India	15.04 mts
	1962	Djakarta	T. Itokawa	Japan	15.57 mts
	1966	Bangkok	Joginder Singh	India	16.22 mts
	1970	Bangkok	Joginder Singh	India	17.09 mts
	1974	Teheran	Jalal Keshmiri	Iran	18.04 mts
	1978	Bangkok	Bahadur Singh Chauhan	India	17.61 mts
Hammer Throw	1951	New Delhi	F. Kamamoto	Japan	152' - 11¼"
	1954	Manila	Y. Kojima	Japan	177' - ¾"
	1958	Tokyo	M. Iqbal	Pakistan	60.96 mts

<i>Year</i>	<i>Venue</i>	<i>Winner</i>	<i>Country</i>	<i>Time</i>
1962	Djakarta	N. Okamoto	Japan	63.88 mts
1966	Bangkok	T. Sugawara	Japan	62.90 mts
1970	Bangkok	Shigenobu Murofushi	Japan	67.08 mts
1974	Teheran	Shigenobu Murofushi	Japan	66.45 mts
1978	Bangkok	M. Shigenobu	Japan	68.26 mts
4 × 100 M Relay				
1951	New Delhi	JAPAN	—	42.7 sec
1954	Manila	JAPAN	—	41.2 sec
1958	Tokyo	PHILIPPINES	—	41.4 sec
1962	Djakarta	PHILIPPINES	—	41.3 sec
1966	Bangkok	MALAYSIA	—	40.6 sec
1970	Bangkok	THAILAND	—	40.4 sec
1974	Teheran	THAILAND	—	40.15 sec
1978	Bangkok	THAILAND	—	40.32 sec
4 × 400 M Relay				
1951	New Delhi	INDIA	—	3 : 24.2 sec
1954	Manila	JAPAN	—	3 : 17.4 sec
1958	Tokyo	JAPAN	—	3 : 13.9 sec
1962	Djakarta	INDIA	—	3 : 10.2 sec
1966	Bangkok	JAPAN	—	3 : 09.1 sec
1970	Bangkok	JAPAN	—	3 : 10.0 sec
1974	Teheran	SRI LANKA	—	3 : 07.40 sec

<i>Year</i>	<i>Venue</i>	<i>Winner</i>	<i>Country</i>	<i>Time</i>
1978	Bangkok	JAPAN	—	3 : 08.3 sec
1978	Bangkok	Hakam Singh	India	1 : 31 : 54.9 sec
1951	New Delhi	F. Nishin Chi	Japan	6,324 pts
1954	Manila	Yang Zuan Gang	Taiwan	5,454 sec
1958	Tokyo	Yang Chuan Kuang	Taiwan	7,101 pts
1962	Djakarta	Gurbachan Singh	India	6,739 pts
1966	Bangkok	A. Ming Wu	Taiwan	7,003 pts
1970	Bangkok	J. Onizuka	Japan	7,073 pts
1974	Teheran	V. S. Chauhan	India	7,375 pts
1978	Bangkok	Iwai Hisashi	Japan	7,003 pts

WOMEN

100 M	1951	New Delhi	K. Sugimura	Japan	12.6 sec
	1954	Manila	A. Nambu	Japan	12.5 sec
	1958	Tokyo	I. Solis	Philippines	12.5 sec
	1962	Djakarta	M. Solaiman	Philippines	11.8 sec
	1966	Bangkok	M. Sato	Japan	12.3 sec
	1970	Bangkok	Chi Cheng	Taiwan	11.6 sec
	1974	Teheran	E. Rot	Israel	11.90 sec

<i>Year</i>	<i>Venue</i>	<i>Winner</i>	<i>Country</i>	<i>Time</i>
1978	Bangkok	Ya-Pin Vin	China	12.20 sec
200 M				
1951	New Delhi	K. Okamoto	Japan	26.0 sec
1954	Manila	M. Tanaka	Japan	26.0 sec
1958	Tokyo	Y. Kobayashi	Japan	25.9 sec
1962	Djakarta	M. Solaiman	Philippines	24.5 sec
1966	Bangkok	D. Markus	Israel	25.3 sec
1970	Bangkok	K. Yamada	Japan	25.0 sec
1974	Teheran	E. Rot	Israel	23.79 sec
1978	Bangkok	U. Loupinkarn	Thailand	24.81 sec
400 M				
1966	Bangkok	Rajamani Malivaganam	Malaysia	56.3 sec
1970	Bangkok	Kamaljit Sandhu	India	57.3 sec
1974	Teheran	C. S. Lee	Singapore	55.08 sec
1978	Bangkok	Oik Sam Saik	Malaysia	55.01 sec
800 M				
1962	Djakarta	C. Tanaka	Japan	2 : 05.8 sec
1966	Bangkok	H. Shezifi	Israel	2 : 10.5 sec
1970	Bangkok	H. Shezifi	Israel	2 : 06.5 sec
1974	Teheran	N. Kawano	Japan	2 : 08.5 sec
1978	Bangkok	Geeta Zutshi	India	2 : 07.7 sec
1,500 M				
1970	Bangkok	H. Shezifi	Israel	4 : 25.1 sec

<i>Year</i>	<i>Venue</i>	<i>Winner</i>	<i>Country</i>	<i>Time</i>
1974	Teheran	Sung Mei-Hua	Taiwan	4 : 28.68 sec
1978	Bangkok	Kim Ok Sun	Korea	4 : 18.9 sec
1978	Bangkok	Kim Ok Sun	Korea	9 : 24.7 sec
3,000 M				
1951	New Delhi	K. Yamada	Japan	12.8 sec
1954	Manila	M. Iwamoto	Japan	11.7 sec
1958	Tokyo	M. Iwamoto	Japan	11.6 sec
1962	Djakarta	I. Yoda	Japan	11.5 sec
1966	Bangkok	R. Sukegawa	Japan	11.2 sec
1970	Bangkok	E. Shachmorov	Israel	14.0 sec
100 M Hurdle	Teheran	E. Rot	Israel	13.31 sec
1978	Bangkok	Tsien-Hua Tai	China	13.95 sec
1978	Bangkok	Hsin Chen	China	1 : 01.32 sec
400 M Hurdles				
1951	New Delhi	Y. Yonedak	Japan	4'-11"
1954	Manila	A. Kraus	Israel	5'-1.1/8"
1958	Tokyo	E. Kamiya	Japan	1.58 mts
1962	Djakarta	K. Trutsumi	Japan	1.60 mts
1966	Bangkok	M. Takeda	Japan	1.60 mts
1970	Bangkok	M. Inaoka	Japan	1.70 mts
High Jump				

<i>Year</i>	<i>Venue</i>	<i>Winner</i>	<i>Country</i>	<i>Time</i>
1974	Teheran	O. Abramovitz	Israel	1.78 mts
1978	Bangkok	Ta-Chen Cheng	China	1.88 mts
1951	New Delhi	K. Sugimura	Japan	19'-5"
1954	Manila	Y. Takahashi	Japan	18'-7½"
1958	Tokyo	V. Bodana	Philippines	5.64 mts
1962	Djakarta	S. Kishimoto	Japan	5.75 mts
1966	Bangkok	C. Cheng	Taiwan	5.95 mts
1970	Bangkok	H. Yamashita	Japan	6.02 mts
1974	Teheran	P. Hsiao-Chieh	China	6.31 mts
1978	Bangkok	Tsou Wa	China	6.28 mts
1951	New Delhi	T. Yoshino	Japan	118'-9¼"
1954	Manila	Kurihara	Japan	144'-6.1/8"
1958	Tokyo	Y. Shida	Japan	47.15 mts
1962	Djakarta	H. Sato	Japan	48.15 mts
1966	Bangkok	M. Katayama	Japan	49.44 mts
1970	Bangkok	N. Morita	Japan	49.84 mts
1974	Teheran	Mao-Chia Chou	China	53.06 mts
1978	Bangkok	Jui-Ying Yao	China	57.22 mts
1951	New Delhi	T. Yoshino	Japan	138'-7.7/8"
1954	Manila	T. Yoshino	Japan	140'-7½"

<i>Year</i>	<i>Venue</i>	<i>Winner</i>	<i>Country</i>	<i>Time</i>
1958	Tokyo	H. Uchida	Japan	41.90 mts
1962	Djakarta	K. Murase	Japan	45.90 mts
1966	Bangkok	J. Delavina	Philippines	47.58 mts
1970	Bangkok	T. Yagishita	Japan	47.70 mts
1974	Teheran	Yu-Kuei Kao	China	51.84 mts
1978	Bangkok	Hsiao-Hui Li	China	55.92 mts
Shot Put	1951	T. Yoshino	Japan	39 - 1 4"
	1954	T. Yoshino	Japan	40" - 5 1/2"
	1958	S. Obonai	Japan	13.26 mts
	1962	S. Obonai	Japan	14.04 mts
	1966	R. Sugiyama	Japan	14.48 mts
	1970	Ok-Ja Baik	Korea	14.07 mts
	1974	Ok-Ja Baik	Korea	16.28 mts
	1978	Li-Chuan Shan	China	17.70 mts
	4 × 100 M Relay 1951	JAPAN	—	51.4 sec
	1954	INDIA	—	49.5 sec
4 × 100 M Relay	1958	JAPAN	—	48.6 sec
	1962	PHILIPPINES	—	48.6 sec
	1966	JAPAN	—	47.1 sec
	1970	JAPAN	—	47.2 sec

<i>Year</i>	<i>Venue</i>	<i>Winner</i>	<i>Country</i>	<i>Time</i>
1974	Teheran	JAPAN	--	46.62 sec
1978	Bangkok	THAILAND	--	46.20 sec
4 × 400 M Relay				
1974	Teheran	JAPAN	--	3 : 43.50 sec
1978	Bangkok	JAPAN	--	3 : 46.29 sec
Pentathlon				
1966	Bangkok	M. Okamoto	Japan	4,468 pts
1970	Bangkok	E. Shachmorov	Israel	4,530 pts
1974	Teheran	K. Shimisu	Japan	3,890 pts
1978	Bangkok	Pei-su Yeh	China	4,133 pts

BADMINTON

MEN :

SINGLES :

1962	Djakarta	Tan Joe Hok	Indonesia
1966	Bangkok	Tjing Siang Ang	Indonesia
1970	Bangkok	P. Gunalan	Malaysia
1974	Teheran	Chia-Chiang Chu	China
1978	Bangkok	Liem Swie King	Indonesia

DOUBLES :

1958	Tokyo	JAPAN	—
1962	Djakarta	MALAYA	—
1966	Bangkok	Yee Khan Tan and Boon Bee Ng	Malaya
1970	Bangkok	Boon Bee Ng and P. Gunalan	Malaya
1974	Teheran	Tjun Tjun and Johan Wahyudi	Indonesia
1978	Bangkok	INDONESIA	—

TEAM :

1966	Bangkok	THAILAND	—
1970	Bangkok	INDONESIA	—
1974	Teheran	CHINA	—
1978	Bangkok	INDONESIA	—

WOMEN :

SINGLES :

1962 Djakarta
1966 Bangkok
1970 Bangkok
1974 Teheran
1978 Bangkok

DOUBLES :

1962 Djakarta
1966 Bangkok
1970 Bangkok
1974 Teheran
1978 Bangkok

TEAM :

1966 Bangkok
1970 Bangkok
1974 Teheran
1978 Bangkok

MIXED DOUBLES :

1966 Bangkok
1970 Bangkok
1974 Teheran
1978 Bangkok

Minarni
N. Takagi
H. Yuki
Yu-Niang Chen
Lim Hsia

INDONESIA

R. Kustijah and Minarni

JAPAN

Chiu-Hsia Liang and Hui-Ming Cheng

INDONESIA

JAPAN

JAPAN

CHINA

CHINA

Yee Kha and partner

Boon Bee Ng and Sylvia Ng

Christian and Regina Misli

CHINA

Indonesia
Japan
Japan
China
China

Indonesia

China

Malaya

Malaya

Indonesia

BASKETBALL

MEN :

<i>Year</i>	<i>Venue</i>	<i>Gold</i>	<i>Silver</i>	<i>Bronze</i>
1951	New Delhi	Philippines	India	—
1954	Manila	Philippines	China	Japan
1958	Tokyo	Philippines	China	Japan
1962	Djakarta	Philippines	Japan	Korea
1966	Bangkok	Israel	Thailand	Korea
1970	Bangkok	Korea	Israel	Japan
1974	Teheran	Israel	Korea	China
1978	Bangkok	China	Korea	D. P.R. Korea

WOMEN :

<i>Year</i>	<i>Venue</i>	<i>Gold</i>	<i>Silver</i>	<i>Bronze</i>
1951	New Delhi	Philippines	India	—
1954	Manila	Philippines	China	Japan
1958	Tokyo	Philippines	Japan	China (ROC)
1962	Djakarta	Philippines	Japan	Korea
1966	Bangkok	Israel	Thailand	Korea
1970	Bangkok	Korea	Israel	Japan
1974	Teheran	Japan	Korea	China
1978	Bangkok	Korea	China (ROC)	Japan

BOWLING

MEN :

SINGLES :

1978 Bangkok

Hirai Masami Japan 1,220 pts

SINGLES—TWO GAMES :

1978 Bangkok

Byung-Ku Ahn Korea 427 pts

TEAM :

TWO MEN :

1978 Bangkok

JAPAN — 2,437 pts

THREE MEN :

1978 Bangkok

THAILAND — 3,669 pts

FIVE MEN :

1978 Bangkok

MALAYSIA — 5,763 pts

WOMEN

SINGLES :

1978 Bangkok

Coo Olivia Bong Philippines 1,270 pts

SINGLES—TWO GAMES :

1978 Bangkok

Coo Olivia Bong Philippines 404 pts 87

TEAM :

TWO WOMEN :

1978 Bangkok

THAILAND

2,263 pts

THREE WOMEN :

1978 Bangkok

THAILAND

3,267 pts

FIVE WOMEN :

1978 Bangkok

PHILIPPINES

5,536 pts

BOXING

LIGHT FLYWEIGHT :

1954	Manila	Alejandro	Philippines
1958	Tokyo	Thein Myint	Burma
1962	Djakarta	K. Tanabe	Japan
1966	Bangkok	Cherdchai Udompaichitkul	Thailand
1970	Bangkok	R. Fortaleza	Philippines
1974	Tehran	H. Ishigaki	Japan
1978	Bangkok	Siri Supanya	Thailand

FLYWEIGHT :

1954	Manila	E. Sajo	Philippines
1958	Tokyo	A. Maki	Japan

1962	Djakarta	Chung Shing Jo	Korea
1966	Bangkok	Young-Chan Son	Korea
1970	Bangkok	Yong Jho Ji	Korea
1974	Teheran	Koo Yong Jo	People's Republic of Korea
1978	Bangkok	Ishii Koki	Japan
BANTAMWEIGHT :			
1966	Bangkok	Prapan Duangoha-Oom	Thailand
1970	Bangkok	C. Kim	Korea
1974	Teheran	C.H.Park	Korea
1978	Bangkok	Chul-Soon Hwang	Korea
FEATHERWEIGHT :			
1954	Manila	Pah Kum Hyun	Korea
1958	Tokyo	Isami Iketama	Japan
1962	Djakarta	Samphan Payourathana	Thailand
1966	Bangkok	Sung-Un Kim	Korea
1970	Bangkok	Sung-Un Kim	Korea
1974	Teheran	Jong-Man You	Korea
1978	Bangkok	Ku Yung Jo	People's Republic of Korea
LIGHTWEIGHT :			
1954	Manila	G. Espinosa	Philippines
1958	Tokyo	Choung Dong Horri	Korea

1962	Djakarta	Padam Bahadur Mall	India
1966	Bangkok	R. Arpon	Philippines
1970	Bangkok	H.C.Kim	Korea
1974	Teheran	T.H. Kim	Korea
1978	Bangkok	Choong-II Choi	Korea
LIGHT WELTERWEIGHT :			
1954	Manila	E. Porto	Philippines
1958	Tokyo	S. Kawakami	Japan
1962	Djakarta	D.B.Kim	Korea
1966	Bangkok	Niyom Prasertsom	Thailand
1970	Bangkok	Banthow Srisook	Thailand
1974	Teheran	Poyong Soo	Korea (P. A.)
1978	Bangkok	In-Chang Kim	Korea
WELTERWEIGHT :			
1954	Manila	K. Fujimoto	Japan
1958	Tokyo	K.K. Soo	Korea
1962	Djakarta	M. Alipala	Philippines
1966	Bangkok	K.I. Park	Korea
1970	Bangkok	Y.G. Jung	Korea
1974	Teheran	J.S. Kim	Korea
1978	Bangkok	Choong-Jai Hwang	Korea

LIGHT MIDDLEWEIGHT :

1954	Manila	V. Tunacao	Philippines
1958	Tokyo	O. Takahashi	Japan
1962	Djakarta	K. Masuda	Japan
1966	Bangkok	H. M. Lee	Korea
1970	Bangkok	H.S. Park	Korea
1974	Teheran	Sharif Delaram	Iran
1978	Bangkok	Park Il Chum	Korea

MIDDLEWEIGHT :

1958	Tokyo	Lo-Po Chan	China
1962	Djakarta	D.P. Kim	Korea
1966	Bangkok	S. Sato	Japan
1970	Bangkok	W. Gornies	Indonesia
1974	Teheran	Soug-Chul King	Korea
1978	Bangkok	Gomiss Willeim	Indonesia

LIGHT HEAVYWEIGHT :

1966	Bangkok	D.P. Kim	Korea
1970	Bangkok	Manit Treearoonlaks	Thailand
1974	Teheran	Masis Hambarsuomian	Iran
1978	Bangkok	Iabal Mohad	Korea (P.A.)

HEAVYWEIGHT :

1958	Tokyo	N. Shuzo	Japan
1962	Djakarta	Barkat Ali	Pakistan
1966	Bangkok	Hawa Singh	India
1970	Bangkok	Hawa Singh	India
1974	Teheran	Abdol Reza Andaveh	Iran
1978	Bangkok	Imtiaz Mahmood	Pakistan

CYCLING

800 M MASSED START :

1966	Bangkok	Preea Chullamondhol	Thailand	1:05.27 sec
1970	Bangkok	Kriengsak Voravudhi	Thailand	1:05.86 sec

1,000 M TIME TRIAL :

1966	Bangkok	Preea Chullamondhol	Thailand	1:12.77 sec
1974	Teheran	S. Okajima	Japan	1:11.31 sec
1978	Bangkok	Swan-Sun Lee	Korea	1:11.15 sec

1,600 M MASSED START :

1966	Bangkok	Smaisuk Krisanasuwan	Thailand	2:17.72 sec
1970	Bangkok	Dawod Ibrahim	Malaysia	2:26.40 sec

1,600 M TEAM TIME TRIAL :

1966	Bangkok	JAPAN	—	1:56.40 sec
1970	Bangkok	JAPAN	—	1:55.09 sec

4,000 M INDIVIDUAL PURSUIT :

1966	Bangkok	Preda Chullamondhol	Thailand	5:24.56 sec
1970	Bangkok	K. Ono	Japan	5:22.75 sec
1974	Teheran	Machishima	Japan	5:09.82 sec
1978	Bangkok	I. Toshiaki	Japan	5:17.43 sec

4,000 M TEAM PURSUIT :

1951	New Delhi	JAPAN & INDIA	—	4:29.6 sec
1958	Tokyo	JAPAN & PAKISTAN	—	5:06.7 sec
1966	Bangkok	JAPAN	—	4:58.05 sec
1970	Bangkok	JAPAN	—	4:55.30 sec
1974	Teheran	JAPAN	—	4:57.01 sec
1978	Bangkok	KOREA	—	4:52.42 sec

4,800 M MASSED START :

1966	Bangkok	Preda Chullamondhol	Thailand	7:10.31 sec
1970	Bangkok	Kriengsak Voravudhi	Thailand	7:30.99 sec

10,000 M MASSED START :

1966	Bangkok	T. Masanori	Japan	18:24.16 sec
1970	Bangkok	Chainapong Sopnpong	Thailand	17:13.90 sec

100 Km. TEAM TRIAL :

1962	Djakarta	INDONESIA	—	2:37:23.1 sec
1966	Bangkok	JAPAN	—	2:24:50.80 sec
1970	Bangkok	JAPAN	—	3:13:38.61 sec

1974	Teheran	IRAN	—	2:17:04.7 sec
1978	Bangkok	JAPAN	—	2:17:45.85 sec
200 Km. INDIVIDUAL MASSED START :				
1966	Bangkok	Pairote Roongtonkit	Thailand	5:25:33.52 sec
1970	Bangkok	Joo Ngan Ng	Malaysia	5:12:00.50 sec
200 Km. MASSED START TEAM :				
1966	Bangkok	KOREA	—	16:23:53.96 sec
1970	Bangkok	KOREA	—	15:42:37.80 sec
1,000 M SPRINT :				
1951	New Delhi	Takeo Sato	Japan	13.2 sec
1974	Teheran	S. Okajima	Japan	11.47 sec
1978	Bangkok	C. Yoshikazu	Japan	11.71 sec
1,000 M INDIVIDUAL TIME TRIAL :				
1970	Bangkok	T. Matsuda	Japan	1:12.59 sec
1974	Teheran	S. Okajima	Japan	1:11.31 sec
100 Km. METRES :				
1951	New Delhi	Shoichiro Sugihara	Japan	1:20.2 sec
180 Km. MASSED START ROAD :				
1951	New Delhi	Kihei Tomioka	Japan	3:22:23.5 sec
1962	Djakarta	H. Brocks	Indonesia	5:58:57.3 sec
1974	Teheran	Hasan Aryanfar	Iran	5:16:12.6 sec
1978	Bangkok	N. Yoshitaka	Japan	4:49:27.96 sec

159.232 Km. ROAD RACE INDIVIDUAL :

1962 Djakarta Tarworn Jirapan

4:53:25.8 sec

Thailand

180 Km. OPEN ROAD RACE TEAM :

1962 Djakarta INDONESIA

17:57:44.4 sec

FENCING

MEN :

FOIL (Individual) :

1974 Teheran T. Jingu Japan

1978 Bangkok Hideyuki Itakura Japan

FOIL (Team) :

1974 Teheran JAPAN TEAM

1978 Bangkok KOREA TEAM

SABRE (Individual)

1974 Teheran A. Akiho Japan

1978 Bangkok Jui-Chi Wang China

SABRE (Team) :

1974 Teheran IRAN TEAM

1978 Bangkok JAPAN TEAM

EPEE (Individual) :		
1974	Teheran	M. Ishikawa
1978	Bangkok	Toshiaki Araki
EPEE (Team) :		
1974	Teheran	IRAN TEAM
1978	Bangkok	CHINA TEAM

Japan
Japan

WOMEN :

FOIL (Individual) :		
1974	Teheran	H. Kamada
1978	Bangkok	Chu-Chieh Luan
FOIL (Team) :		
1974	Teheran	IRAN TEAM
1978	Bangkok	CHINA TEAM

Japan
China

FOOTBALL

<i>Year</i>	<i>Venue</i>	<i>Gold</i>	<i>Silver</i>	<i>Bronze</i>
1951	New Delhi	INDIA	IRAN	JAPAN
1954	Manila	CHINA	KOREA	BURMA
1958	Tokyo	CHINA	KOREA	—

1962	Djakarta	INDIA	KOREA	MALAYA
1966	Bangkok	BURMA	IRAN	JAPAN
1970	Bangkok	BURMA	KOREA	INDONESIA
1974	Teheran	IRAN	ISRAEL	MALAYSIA
1978	Bangkok	KOREA	D. P. R. KOREA	CHINA (PRC)

GYMNASTICS

MEN :

HORSE VAULT :

1974	Teheran	K. Horide	Japan	19.375 pts
1978	Bangkok	Junichi Kitagawa	Japan	19.40 pts

PARALLEL BARS :

1974	Teheran	Y.T. Lee	Korea	19.10 pts
1978	Bangkok	Junichi Kitagawa	Japan	19.50 pts

RINGS :

1974	Teheran	K.H. Kim	Korea	18.00 pts
1978	Bangkok	Huang Yu-Pin	China	19.15 pts

SIDE HORSE :

1974	Teheran	H.T. Tsai	China	19.15 pts
1978	Bangkok	Tsai Huang Tsung	China	19.20 pts

FLOOR EXERCISE :

1974	Teheran	K. Horide	Japan	19.15 pts
1978	Bangkok	Li Yueh Chin	China	19.45 pts

HORIZONTAL BARS :

1974	Teheran	H.T. Tsai	China	19.40 pts
1978	Bangkok	Junichi Kitagawa	Japan	19.75 pts

TEAM CHAMPIONSHIPS :

1974	Teheran	CHINA TEAM	—	277.90 pts
1978	Bangkok	CHINA TEAM		286.70 pts

INDIVIDUAL CHAMPIONSHIPS :

1974	Teheran	K. Horide	Japan	113.20 pts
1978	Bangkok	Tai Huan Sung	China	57.95 pts

WOMEN :

1974	Teheran	R. Yoshida	Japan	18.90 pts
1978	Bangkok	Choi Joing Sil	N. Korea	19.125 pts

FLOOR EXERCISES :

1974	Teheran	S. Y. Chiang	China	19.35 pts
1978	Bangkok	Ma Yen-Huang	China	19.30 pts

BALANCE BEAM :

1974	Teheran	S.Y. Chiang	China	19.10 pts
1978	Bangkok	Chu Cheng Chi	China	19.40 pts

UNEVEN PARALLEL BARS :

1974	Teheran	Y. H. Jo	D. P. R. Korea	19.00 pts
1978	Bangkok	Ma Yen-Huang	China	19.65 pts

TEAM CHAMPIONSHIPS :

1974	Teheran	CHINA TEAM	—	187.55 pts
1978	Bangkok	CHINA TEAM	—	191.55 pts

INDIVIDUAL CHAMPIONSHIPS

1974	Teheran	S. Y. Chiang	China	75.95 pts
1978	Bangkok	Ho Hsiu-Min	China	38.35 pts.

HOCKEY

<i>Year</i>	<i>Venue</i>	<i>Gold</i>	<i>Silver</i>	<i>Bronze</i>
1958	Tokyo	Pakistan	India	Korea
1962	Djakarta	Pakistan	India	Malaysia
1966	Bangkok	India	Pakistan	Japan
1970	Bangkok	Pakistan	India	Japan
1974	Teheran	Pakistan	India	Malaysia
1978	Bangkok	Pakistan	India	Malaysia

SHOOTING

PISTOL—STAND :

1974 Teheran
1978 Bangkok

PISTOL—STANDARD (TEAM) :

1974 Teheran
1978 Bangkok

AIR PISTOL :

1974 Teheran
1978 Bangkok

AIR PISTOL—TEAM :

1974 Teheran
1978 Bangkok

AIR RIFLE :

1966 Bangkok
1970 Bangkok
1974 Teheran
1978 Bangkok

AIR RIFLE - (TEAM)

1966 Bangkok
1970 Bangkok

Il Hyon Beak
Tse-Ning Teng

JAPAN
CHINA

Chun-Pa Chin
S. Fumihisa

THAILAND
JAPAN

Tao Yuen Wu
M. Ito
Ri Ho Joon
Li-Chin Pang

THAILAND
JAPAN

N. Korea
China

—
—

Taiwan
Japan

—
—

Taiwan
Japan
Korea
China

—
—

561 pts
571 pts

2,220 pts
2,257 pts

381 pts
383 pts

1,489 pts
1,507 pts

380 pts
367 pts
383 pts
383 pts

1,447 pts
1,451 pts

1974	Teheran	KOREA	1,504 pts
1978	Bangkok	CHINA	1,514 pts
CENTRE FIRE---PISTOL :			
1966	Bangkok	N. Moriya	573 pts
1970	Bangkok	B. Kim	576 pts
1974	Teheran	H. Akatsuka	582 pts
1978	Bangkok	A. Hiroyuki	582 pts
CENTRE FIRE---PISTOL (TEAM) :			
1970	Bangkok	JAPAN	2,284 pts
1974	Teheran	CHINA	2,314 pts
1978	Bangkok	KOREA	2,309 pts
PISTOL - RAPID FIRE :			
1954	Manila	M. Gison	254/600 pts
1958	Tokyo	C. Hosaka	562/600 pts
1962	Djakarta	K.F. Ryosenan	578/600 pts
1966	Bangkok	T. Kamachi	587 pts
1970	Bangkok	T. Kuba	590 pts
1974	Teheran	Chang-Ho Yoon	591 pts
1978	Bangkok	Jong-Kil Park	593 pts
PISTOL - RAPID FIRE (TEAM) :			
1966	Bangkok	THAILAND	2,323 pts

1970	Bangkok	JAPAN	2,334 pts
1974	Teheran	KOREA	2,327 pts
1978	Bangkok	KOREA	2,348 pts

PISTOL—FREE :

1954	Manila	C. Hosaka	Japan	534 pts
1958	Tokyo	K. Tokagi	Japan	534 pts
1962	Djakarta	T. Yoshikawa	Japan	558 pts
1966	Bangkok	Yoshihisa	Japan	556 pts
1970	Bangkok	I. Hakari	Japan	548 pts
1974	Teheran	Su Chih-Po	China	552 pts
1978	Bangkok	Su Chih-Po	China	560 pts

PISTOL—FREE (TEAM) :

1966	Bangkok	KOREA	2,103 pts
1970	Bangkok	JAPAN	2,170 pts
1974	Teheran	CHINA	2,170 pts
1978	Bangkok	CHINA	2,182 pts

SMALL BORE RIFLE—THREE POSITIONS (TEAM) :

1966	Bangkok	JAPAN	4,334 pts
1970	Bangkok	KOREA	4,352 pts
1974	Teheran	KOREA	4,524 pts
1978	Bangkok	CHINA	4,556 pts

SKEET:			
1974	Teheran	T. Aso	Japan
1978	Bangkok	A. Sakao	Japan
SKEET (TEAM):			
1974	Teheran	NORTH KOREA	—
1978	Bangkok	JAPAN	—
TRAP			
1974	Teheran	Matsuoka	Japan
1978	Bangkok	Randhir Singh	India
TRAP (TEAM):			
1974	Teheran	JAPAN	—
1978	Bangkok	JAPAN	—
SMALL BORE RIFLE—PRONE:			
1954	Manila	A. Einsiedel	Philippines
1958	Tokyo	Y. Inokuma	Japan
1962	Djakarta	De Souza F.B.	Singapore
1966	Bangkok	Wha-II Choo	Korea
1970	Bangkok	T. Toriyama	Japan
1974	Teheran	S. Hosokawa	Japan
1978	Bangkok	Kim Kyung Ho	Korea
SMALL BORE RIFLE—PRONE (TEAM):			
1966	Bangkok	JAPAN	—
			2,333 pts

1970	Bangkok	ISRAEL	—	2,324 pts
1974	Teheran	KOREA	—	2,349 pts
1978	Bangkok	KOREA	—	2,361 pts

SMALL BORE RIFLE -THREE POSITIONS :

1954	Manila	A. Feliciano	Philippines	1,122-34 pts
1958	Tokyo	K. Shimoda	Japan	1,080 pts
1962	Djakarta	T. Ishii	Japan	1,100 pts
1966	Bangkok	Tao Yuen Wu	Taiwan	1,114 pts
1970	Bangkok	Hyun-Jhu Shin	Korea	1,107 pts
1974	Teheran	Dong Kyu Han	Korea	1,136 pts
1978	Bangkok	Ri Ho Jun	Korea	1,148 pts

STANDARD RIFLE :

1966	Bangkok	Tao Yuen Wu	Taiwan	556 pts
1970	Bangkok	S. Frieoman	Israel	554 pts
1974	Teheran	Dong Kyu Han	Korea	564 pts
1978	Bangkok	Kim Dong Gil	Korea	577 pts

STANDARD RIFLE (TEAM)

1966	Bangkok	THAILAND	—	2,176 pts
1970	Bangkok	JAPAN	—	2,137 pts
1974	Teheran	KOREA	—	2,228 pts
1978	Bangkok	CHINA	—	2,280 pts

FREE RIFLE :

1954	Manila	H. Castelo	Philippines	998 pts
1958	Tokyo	A. Feliciano	Philippines	1,069 pts
1962	Djakarta	S W. Nam	Korea	1,045 pts

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SWIMMING

MEN:

<i>Year</i>	<i>Venue</i>	<i>Winner</i>	<i>Country</i>	<i>Time</i>
100 M FREESTYLE:				
1951	New Delhi	Sachin Nag	India	1:4.7 sec
1954	Manila	H. Suzuki	Japan	58.2 sec
1958	Tokyo	M. Koga	Japan	58.3 sec
1962	Djakarta	K. Shimizu	Japan	56.6 sec
1966	Bangkok	K. Iwasaki	Japan	56.1 sec
1970	Bangkok	S. Sawa	Japan	55.3 sec
1974	Teheran	D. Brenner	Israel	55.65 sec
1978	Bangkok	T. Yanagidato	Japan	54.01 sec
200 M FREESTYLE:				
1958	Tokyo	M. Fukui	Japan	2:08.2 sec
1962	Djakarta	T. Umemoto	Japan	2:06.6 sec

1966	Bangkok	K. Iwasaki	Japan	2:00.7 sec
1970	Bangkok	K. Iwasaki	Japan	2:01.5 sec
1974	Tehran	Y. Horiuchi	Japan	2:01.68 sec
1978	Bangkok	R. Gerardo	Philippines	1:56.68 sec
400 M FREESTYLE:				
1951	New Delhi	Neo Chwee Kok	Singapore	5:13.8 sec
1954	Manila	Y. Shoji	Japan	4:43.3 sec
1958	Tokyo	T. Yamanaka	Japan	4:23.9 sec
1962	Djakarta	Tin Mg Ni	Burma	4:33.0 sec
1966	Bangkok	E. Takase	Japan	4:28.0 sec
1970	Bangkok	Ho-Yun Cho	Korea	4:20.2 sec
1974	Tehran	Ho-Yun Cho	Korea	4:17.93 sec
1978	Bangkok	T. Shuji	Japan	4:06.83 sec
1,500 M FREESTYLE:				
1951	New Delhi	Neo Chwee Kok	Singapore	21:43.6 sec
1954	Manila	Y. Aoki	Japan	12:13.0 sec
1958	Tokyo	T. Yamanaka	Japan	18:00.3 sec
1962	Djakarta	Tin Mg Ni	Burma	18:17.6 sec
1966	Bangkok	E. E. Takate	Japan	17:36.0 sec
1970	Bangkok	Oh-Yuen Cho	Korea	17:25.7 sec
1974	Tehran	Onyuen Cho	Korea	17:18.72 sec
1978	Bangkok	T. Shuji	Japan	16:14.92 sec

100 M BACKSTROKE:

1951	New Delhi	Artemio Salamat	Philippines	1:16.3 sec
1954	Manila	H. Keiji	Japan	1:07.1 sec
1958	Tokyo	H. Kav	Japan	1:05.6 sec
1962	Djakarta	K. Tomita	Japan	1:04.3 sec
1966	Bangkok	Y. Hayabhi	Japan	1:03.2 sec
1970	Bangkok	T. Honda	Japan	1:01.2 sec
1974	Teheran	T. Honda	Japan	1:01.19 sec
1978	Bangkok	Kenji Ikeda	Japan	1:00.76 sec

200 M BACKSTROKE:

1958	Tokyo	K. Tomita	Japan	2:22.3 sec
1962	Djakarta	K. Ito	Japan	2:21.1 sec
1966	Bangkok	S. Fukushima	Japan	2:18.0 sec
1970	Bangkok	T. Honda	Japan	2:13.2 sec
1974	Teheran	T. Honda	Japan	2:15.34 sec
1978	Bangkok	T. Takanashi	Japan	2:10.87 sec

100 M BREASTSTROKE:

1958	Tokyo	M. Ota	Japan	1:14.8 sec
1962	Djakarta	K. Ishikawa	Japan	1:12.3 sec
1966	Bangkok	K. Ishikawa	Japan	1:10.1 sec
1970	Bangkok	N. Taguchi	Japan	1:06.3 sec

1974	Teheran	N. Taguchi	Japan	1:06.49 sec
1978	Bangkok	T. Shigehiro	Japan	1:04.94 sec
200 M BREASTSTROKE:				
1951	New Delhi	Jacinto Cayeo	Philippines	2:54.4 sec
1954	Manila	M. Tanaka	Japan	2:41.9 sec
1958	Tokyo	M. Furukawa	Japan	2:44.0 sec
1962	Djakarta	K. Nakagawa	Japan	2:40.1 sec
1966	Bangkok	K. Yamanami	Japan	2:35.0 sec
1970	Bangkok	N. Taguchi	Japan	2:28.2 sec
1974	Teheran	N. Taguchi	Japan	2:30.06 sec
1978	Bangkok	T. Shigehiro	Japan	2:22.56 sec
100 M BUTTERFLY:				
1958	Tokyo	T. Ishimoto	Japan	1:01.4 sec
1962	Djakarta	K. Izutsu	Japan	1:02.4 sec
1966	Bangkok	I. Nakajima	Japan	1:00.1 sec
1970	Bangkok	Y. Komazaki	Japan	58.7 sec
1974	Teheran	H. Hara	Japan	58.21 sec
1978	Bangkok	S. Kayama	Japan	58.41 sec
200 M BUTTERFLY:				
1954	Manila	Persons Nabiula	Philippines	2:48.3 sec
1958	Tokyo	T. Ishimoto	Japan	2:21.4 sec
1962	Djakarta	K. Izutsu	Japan	2:19.1 sec

1966	Bangkok	Y. Takada	Japan	2:12.7 sec
1970	Bangkok	Y. Komazaki	Japan	2:09.0 sec
1974	Tehran	Y. Komazaki	Japan	2:08.14 sec
1978	Bangkok	S. Kayama	Japan	2:08.68 sec
200 M MEDLEY:				
1974	Tehran	J. Sasaki	Japan	2:14.4 sec
1978	Bangkok	T. Yanagidate	Japan	2:10.22 sec
400 M MEDLEY:				
1966	Bangkok	S. Fukushima	Japan	5:04.9 sec
1970	Bangkok	T. Udo	Japan	4:57.8 sec
1974	Tehran	T. Yanagidate	Japan	4:49.41 sec
1978	Bangkok	T. Kozo	Japan	4:40.80 sec
4 x 100 M FREESTYLE RELAY:				
1951	New Delhi	SINGAPORE	—	4:19.8 sec
1970	Bangkok	JAPAN	—	3:41.9 sec
1974	Tehran	JAPAN	—	3:43.13 sec
1978	Bangkok	JAPAN	—	3:35.91 sec
4 x 200 M FREESTYLE RELAY:				
1966	Bangkok	JAPAN	—	8:27.7 sec
1970	Bangkok	JAPAN	—	8:14.9 sec
1974	Tehran	JAPAN	—	8:16.05 sec
1978	Bangkok	JAPAN	—	7:49.75 sec

4 × 100 M MEDLEY RELAY:

1958	Tokyo	JAPAN	—	4:17.7 sec
1962	Djakarta	JAPAN	—	4:15.7 sec
1966	Bangkok	JAPAN	—	4:11.1 sec
1970	Bangkok	JAPAN	—	4:00.4 sec
1974	Teheran	JAPAN	—	4:01.66 sec
1978	Bangkok	JAPAN	—	3:56.97 sec

SPRINGBOARD DIVING:

1951	New Delhi	K. P. Thackker	India	371.25 pts
1954	Manila	Joab Raanan	Israel	156.91 pts
1958	Tokyo	Yataka Baba	Japan	142.49 pts
1962	Djakarta	R. Okada	Japan	132.54 pts
1966	Bangkok	Y. Yamawaki	Japan	145.54 pts
1970	Bangkok	T. Kioka	Japan	170.28 pts
1974	Teheran	M. Hsieh	China	520.08 pts
1978	Bangkok	Kuo-Tsun Wu	China	687.78 pts

HIGH DIVING:

1951	New Delhi	K. P. Thackker	India	352.05 pts
1958	Tokyo	Ryo Baba	Japan	153.46 pts
1962	Djakarta	Ryokei Okada	Japan	142.47 pts
1966	Bangkok	Y. Arimitsu	Japan	159.79 pts
1970	Bangkok	Jae-Woong Song	Korea	157.71 pts

536.10 pts
629.25 pts

China
China

Li Kung-Cheng
Liu Hong Lin

WATER POLO:

1951 New Delhi

1954 Manila

1958 Tokyo

1966 Bangkok

1970 Bangkok

1974 Teheran

1978 Bangkok

INDIA

SINGAPORE

JAPAN

JAPAN

JAPAN

IRAN

CHINA

WOMEN:

100 M BACKSTROKE:

1954 Manila

1958 Tokyo

1962 Jakarta

1966 Bangkok

1970 Bangkok

1974 Teheran

1978 Bangkok

200 M BACKSTROKE:

1978 Bangkok

Philippines

Japan

Japan

Japan

Japan

Japan

Japan

1:21.6 sec

1:15.3 sec

1:11.0 sec

1:09.5 sec

1:08.4 sec

1:09.57 sec

1:06.74 sec

2:23.12 sec

J. Von Giese

S. Tanaka

S. Tanaka

S. Tanaka

Y. Goshi

Matsumura

H. Asari

H. Asari

100 M BREASTSTROKE:

1958	Tokyo	Y. Takamatsu	Japan	1:24.1 sec
1962	Djakarta	N. Yamamoto	Japan	1:23.9 sec
1966	Bangkok	Y. Morizane	Japan	1:22.9 sec
1970	Bangkok	H. Tanigami	Japan	1:18.9 sec
1974	Teheran	T. Haruoka	Japan	1:19.16 sec
1978	Bangkok	C. Watanabe	Japan	1:16.04 sec

200 M BREASTSTROKE:

1954	Manila	M. Aoki	Japan	3:03.6 sec
1958	Tokyo	Y. Takamatsu	Japan	2:55.6 sec
1962	Djakarta	N. Yamamoto	Japan	2:59.6 sec
1966	Bangkok	S. Yamashita	Japan	2:58.7 sec
1970	Bangkok	C. Shibata	Japan	2:46.5 sec
1974	Teheran	T. Haruoka	Japan	2:51.61 sec
1978	Bangkok	C. Watanabe	Japan	2:41.01 sec

100 M BUTTERFLY:

1954	Manila	Haydee Coloso	Philippines	1:28.3 sec
1958	Tokyo	S. Miyabe	Japan	1:13.1 sec
1962	Djakarta	E. Takahashi	Japan	1:12.6 sec
1966	Bangkok	M. Ishii	Japan	1:08.5 sec
1970	Bangkok	M. Aoki	Japan	1:05.9 sec

1974	Teheran	Y. Hatsuda	Japan	1:05.48 sec
1978	Bangkok	Y. Hatsuda	Japan	1:03.56 sec
200 M BUTTERFLY:				
1978	Bangkok	Y. Hatsuda	Japan	2:15.79 sec
100 M FREESTYLE:				
1954	Manila	Haydee Coloso	Philippines	1:09.7 sec
1958	Tokyo	Y. Sato	Japan	1:06.0 sec
1962	Djakarta	Y. Sato	Japan	1:06.0 sec
1966	Bangkok	M. Kihara	Japan	1:03.2 sec
1970	Bangkok	Y. Nishigawa	Japan	1:01.1 sec
1974	Teheran	Y. Nishigawa	Japan	1:01.63 sec
1978	Bangkok	S. Yamazaki	Japan	1:00.30 sec
200 M FREESTYLE:				
1958	Tokyo	Y. Sato	Japan	2:26.9 sec
1962	Djakarta	Y. Sato	Japan	2:24.5 sec
1966	Bangkok	M. Kihara	Japan	2:18.6 sec
1970	Bangkok	Y. Nishigawa	Japan	2:13.8 sec
1974	Teheran	Y. Nishigawa	Japan	2:12.91 sec
1978	Bangkok	B. Rachaniwan	Thailand	2:09.98 sec
400 M FREESTYLE:				
1954	Manila	M. Tamura	Japan	5:32.2 sec

1958	Tokyo	E. Shibahara	Japan	5:15.8 sec
1962	Djakarta	T. Kimura	Japan	5:01.8 sec
1966	Bangkok	K. Hayakawa	Japan	4:53.0 sec
1970	Bangkok	T. Iguchi	Japan	4:51.8 sec
1974	Teheran	F. Nakamura	Japan	4:48.73 sec
1978	Bangkok	S. Junie	Singapore	4:31.35 sec
800 M FREESTYLE:				
1978	Bangkok	S. Junie	Singapore	9:18.33 sec
200 M MEDLEY:				
1966	Bangkok	Y. Fujii	Japan	2:38.5 sec
1970	Bangkok	Y. Nishigawa	Japan	2:26.5 sec
1974	Teheran	Y. Nishigawa	Japan	2:26.20 sec
1978	Bangkok	Hirata Mio	Japan	2:27.98 sec
400 M MEDLEY:				
1978	Bangkok	Hirata Mio	Japan	5:08.34 sec
4 × 100 M MEDLEY RELAY:				
1958	Tokyo	PHILIPPINES	—	5:22.2 sec
1962	Djakarta	JAPAN	—	4:53.7 sec
1966	Bangkok	JAPAN	—	4:51.9 sec
1970	Bangkok	JAPAN	—	4:35.4 sec
1974	Teheran	JAPAN	—	4:35.04 sec
1978	Bangkok	JAPAN	—	4:27.16 sec

4 × 100 M FREESTYLE RELAY :

1958	Tokyo	JAPAN	—	4:27.3 sec
1962	Djakarta	JAPAN	—	4:27.6 sec
1966	Bangkok	JAPAN	—	4:22.6 sec
1970	Bangkok	JAPAN	—	4:12.5 sec
1974	Teheran	JAPAN	—	4:09.82 sec
1978	Bangkok	JAPAN	—	4:03.58 sec

SPRINGBOARD DIVING:

1954	Manila	M. Niyamoto	Japan	109.20 pts
1958	Tokyo	T. Kanoko	Japan	133.74 pts
1962	Djakarta	L. Gumulja	Indonesia	111.12 pts
1966	Bangkok	K. Osaki	Japan	135.73 pts
1970	Bangkok	K. Mabuchi	Japan	141.96 pts
1974	Teheran	Shao-Chen Chang	China	415.80 pts
1978	Bangkok	Mei-Chin Shin	China	562.49 pts

HIGH DIVING:

1954	Manila	M. Miyamoto	Japan	78.66 pts
1958	Tokyo	K. Watanabe	Japan	81.76 pts
1962	Djakarta	K. Tomoe	Japan	81.05 pts
1966	Bangkok	K. Osaki	Japan	90.40 pts

1970	Bangkok	Y. Arimitsu	Japan	112.37 pts
1974	Teheran	S. Cgung	China	372.72 pts
1978	Bangkok	Hsiao-Hsia Chen	China	477.42 pts

TABLE TENNIS

MEN (Singles) :

Year	Venue	Winner	Country
1958	Tokyo	Likon-Tin	China
1962	Djakarta	Keiichi Miki	Japan
1966	Bangkok	Chung-Young im	Korea
1974	Teheran	K. L. Liang	China
1978	Bangkok	Liang Ke-Liang	China

MEN (Doubles) :

1958	Tokyo	Tran Canh Quoc and Mai Van Hoa	Vietnam
1962	Djakarta	K. Konaka and K. Miki	Japan
1966	Bangkok	H. Takahashi and K. Miki	Japan
1974	Teheran	N. Hasegawa and M. Kono	Japan
1978	Bangkok	Kuo Yeh-Hua and Huang Tung-Sheng	China

MEN TEAM CHAMPIONSHIPS :

1958	Tokyo	VIETNAM
1962	Djakarta	JAPAN
1966	Bangkok	JAPAN
1974	Teheran	CHINA
1978	Bangkok	PEOPLE'S REPUBLIC OF CHINA

WOMEN (Singles) :

1958	Tokyo	T. Namba	Japan
1962	Djakarta	K. Matsuzaki	Japan
1966	Bangkok	N. Fukatsu	Japan
1974	Teheran	L. Chang	China
1978	Bangkok	Chang Li	China

WOMEN (Doubles) :

1958	Tokyo	K. Yamaizumi and F. Eguchi	Japan
1962	Djakarta	N. Yamakama and N. Seki	Japan
1966	Bangkok	N. Yamakama and N. Fukatsu	Japan
1974	Teheran	H. Y. Cheng and L. Chang	China
1978	Bangkok	Chang Li and Chang Te-Ying	China

MIXED DOUBLES :

1958	Tokyo	I. Ogimura and F. Eguchi	Japan
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Japan
Japan
China
China

N. Fukatsu and K. Kimura
K. L. Liang and H. Y. Cheng
Kuo Yeh-Hua and Chang Li

TENNIS

MEN (Singles) :

Raymundo Reyro
J. M. Jose
O. Ishiguro
T. Sakai
Wiyono Atet

Tokyo
Djakarta
Bangkok
Teheran
Bangkok

Philippines
Philippines
Japan
Japan
Indonesia

MEN (Doubles) :

Raymundo Reyro and Felicisimo
A. Miyagi and M. Fujii
O. Ishiguro and K. Watanabe
T. Sakai and K. Hirai
Yustedjo Tarik and Hadiman

Tokyo
Djakarta
Bangkok
Teheran
Bangkok

Philippines
Japan
Japan
Japan
Indonesia

TEAM CHAMPIONSHIPS :

1974	Teheran	JAPAN	CHINA	PAKISTAN	PAKISTAN
1978	Bangkok	INDONESIA	PAKISTAN		JAPAN & CHINA

WOMEN (Singles) :

1958	Tokyo	S. Kamo			Japan
1962	Djakarta	A. Fukui			Japan
1966	Bangkok	L. Kaligis			Indonesia
1974	Teheran	L. Sugiarto			Indonesia
1978	Bangkok	Lee Duk-Hee			Korea

WOMEN (Doubles) :

1958	Tokyo	S. Kamo and R. Miyaki			Japan
1962	Djakarta	R. Miyaki and A. Fukui			Japan
1966	Bangkok	Lita Liem and L. Kaligis			Indonesia
1974	Teheran	K. Fukuoka and T. Sade			Japan

TEAM CHAMPIONSHIPS :

1974	Teheran	KOREA	CHINA	JAPAN	
1978	Bangkok	JAPAN	KOREA	INDONESIA	

MIXED DOUBLES :

1958	Tokyo	Y. Shibata and R. Miyagi			Japan
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1962	Djakarta	K. Watanabe and A. Fukui	Japan
1966	Bangkok	R. Miyaki and K. Watanabe	Japan
1974	Teheran	Y. Wertheimer and P. Pesahov	Israel

VOLLEYBALL

MEN :

<i>Year</i>	<i>Venue</i>	<i>Gold</i>	<i>Silver</i>	<i>Bronze</i>
1958	Tokyo	JAPAN	IRAN	INDIA
1962	Djakarta	JAPAN	INDIA	PAKISTAN
1966	Bangkok	JAPAN	KOREA	IRAN
1970	Bangkok	JAPAN	KOREA	CHINA (ROC)
1974	Teheran	JAPAN	KOREA	CHINA
1978	Bangkok	KOREA	JAPAN	CHINA

WOMEN :

1966	Bangkok	JAPAN	KOREA	IRAN
1970	Bangkok	JAPAN	KOREA	KHMER
1974	Teheran	JAPAN	KOREA	CHINA
1978	Bangkok	JAPAN	CHINA	KOREA

WEIGHTLIFTING

FLYWEIGHT:

<i>Year</i>	<i>Venue</i>	<i>Winner</i>	<i>Country</i>	
1958	Tokyo	Le Jang	Korea	280
1966	Bangkok	Chaiya Sukchinda	Thailand	322.5
1970	Bangkok	T. Horikoshi	Japan	317.5
1974	Teheran	M. Nassiri	Iran	243.5
1978	Bangkok	Han Kyung Si	Korea	235

BANTAMWEIGHT:

1954	Manila	Yu In Ho	Philippines	635
1958	Tokyo	S. Kogure	Japan	325.0
1966	Bangkok	Seresht Nasiri	Iran	352.5
1970	Bangkok	Mohammad Nassiri	Iran	365.0
1974	Teheran	K. Ando	Japan	250.0
1978	Bangkok	Yang Eui Yung	Korea	250.0

FEATHERWEIGHT:

1954	Manila	Tun Maung	Burma	725
1958	Tokyo	Lee Tak Young	Korea	345
1966	Bangkok	Y. Miyake	Japan	377
1970	Bangkok	Y. Miyake	Japan	385

1974	Teheran	K. Hirai	Japan	275
1978	Bangkok	Song Sung Rim	Korea	267.5
LIGHTWEIGHT:				
1954	Manila	Cho Bong Jik	Korea	780
1958	Tokyo	Tan Howe Liang	Singapore	375
1966	Bangkok	Parviz Jalayer	Iran	402.5
1970	Bangkok	Nassrolah Dehnavi	Iran	425
1974	Teheran	S.H. Won	Korea	295
1978	Bangkok	Hirai Kuyumasa	Japan	292.5
MIDDLEWEIGHT:				
1954	Manila	Him Chang Hee	Korea	785
1958	Tokyo	Bu-Beng Ko	China	380
1966	Bangkok	M. Ouchi	Japan	455
1970	Bangkok	N. Hattai	Japan	437.5
1974	Teheran	A.W. Geun	Pakistan	300
1978	Bangkok	Mohamed Trabulis	Libya	310
LIGHT HEAVYWEIGHT:				
1954	Manila	Kim Sung Jip	Korea	815
1958	Tokyo	Mirjal Manssonri	Iran	400
1966	Bangkok	Jong-Sub Lee	Korea	445
1970	Bangkok	Masashi Ouchi	Japan	460

1974	Teheran	S. Fujishiro	Japan	315
1978	Bangkok	Sato Kaoru	Japan	310
MIDDLE HEAVYWEIGHT:				
1954	Manila	Ko Chong Ku	Korea	770
1958	Tokyo	Rahnavardi M. Hassan	Iran	432.5
1966	Bangkok	Hyung Woo Lee	Korea	452.5
1970	Bangkok	Suck-Won Yoon	Korea	450
1974	Teheran	A. Valli	Iran	312.5
HEAVYWEIGHT:				
1954	Manila	Maung Maung Lwin	Burma	710
1958	Tokyo	Poaihan Firouz	Iran	460
1966	Bangkok	Manoucher Boroumano	Iran	490
1970	Bangkok	Dae-Jhu Kim	Korea	430
1974	Teheran	H. Karegarnezhad	Iran	325
1978	Bangkok	Sato Mitsumasa	Japan	325
SUPER HEAVYWEIGHT (110 kg):				
1974	Teheran	A. Shorouahi	Iran	317.5
1978	Bangkok	Talal Nagar	Syria	310
OVER 110 Kg.:				
1978	Bangkok	Huai-Ching Yang	China	320

WRESTLING—FREESTYLE

<i>Year</i>	<i>Venue</i>	<i>Winner</i>	<i>Country</i>
UP TO 48 kgs.			
1974	Teheran	A. Kudo	Japan
1978	Bangkok	Takashi Irie	Japan
UP TO 52 kgs.			
1974	Teheran	E. Javadi	Iran
1978	Bangkok	Takada Yuji	Japan
UP TO 57 kgs.			
1974	Teheran	M. Farahvashi	Iran
1978	Bangkok	Tomiyama Hideaki	Japan
UP TO 62 kgs.			
1974	Teheran	M. Y. Jung	Korea
1978	Bangkok	Jung-Mo Yang	Korea
UP TO 68 kgs.			
1974	Teheran	Y. Sukawara	Japan
1978	Bangkok	Z. Oidev	Mongolia
UP TO 74 kgs.			
1974	Teheran	M. Barzgar	Iran
1978	Bangkok	Rajinder Singh	India

UP TO 82 kgs:			
1974	Teheran	H. Alidoosti	Iran
1978	Bangkok	Motegi Masaru	Japan
UP TO 90 kgs:			
1974	Teheran	Serentogtokh	Mongolia
1978	Bangkok	Kartar Singh	India
100 kgs:			
1978	Bangkok	Yamamoto Hiroshi	Japan
OVER 100 kgs:			
1974	Teheran	Bayanmunh	Mongolia
1978	Bangkok	Yoshiaki Yatsu	Japan

WRESTLING—GRECO-ROMAN

UP TO 48 kgs:			
1970	Bangkok	Ebrahim Javadi	Iran
1974	Teheran	R. Aliabadi	Iran
UP TO 52 kgs:			
1962	Djakarta	Norujuki Harada	Japan
1966	Bangkok	Shigeo Nakata	Japan
1970	Bangkok	Mohammed Ghorbani	Iran
1974	Teheran	K. Hirayama	Japan

UP TO 57 kgs:			
1962	Djakarta	T. Asai	Japan
1966	Bangkok	T. Tanaka	Japan
1970	Bangkok	Hideaki Yanagida	Japan
1974	Teheran	H. Touranian	Iran
UP TO 62 kgs:			
1970	Bangkok	Shamsoldin Seyed Abassi	Iran
1974	Teheran	A. Yadollahi	Iran
UP TO 63 kgs:			
1962	Djakarta	O. Watanabe	Japan
1966	Bangkok	M. Kaneko	Japan
UP TO 68 kgs:			
1970	Bangkok	Abdollah Movahed	Iran
1974	Teheran	M. Daleerian	Iran
UP TO 70 kgs:			
1962	Djakarta	K. Abe	Japan
1966	Bangkok	Abdollah Movahed	Iran
UP TO 74 kgs:			
1970	Bangkok	Toshitada Yoshida	Japan
UP TO 82 kgs:			
1970	Bangkok	Tatsuo Sasaki	Japan

UP TO 87 kgs:				
1962	Djakarta	Faiz Mohammad	Pakistan	
1966	Bangkok	Tatuso Sasaki	Japan	
UP TO 90 kgs:				
1970	Bangkok	Daryoush Zakeri	Iran	
1974	Teheran	J. Karimi	Iran	
UP TO 97 kgs:				
1962	Djakarta	Maruti Mane	India	
1966	Bangkok	Mansour Mehdizadeh	Iran	
OVER 97 kgs:				
1962	Djakarta	Saeed Mohammad	Pakistan	
1966	Bangkok	Moslemiskandar Filabi	Iran	
UP TO 100 kgs:				
1970	Bangkok	Chandgi Ram	India	
1974	Teheran	B. Moshitagli	Iran	
OVER 100 kgs:				
1970	Bangkok	Eskandar Filabi	Iran	
1974	Teheran	Eskandar Filabi	Iran	

YACHTING

ENTERPRISE:				
1970	Bangkok	H. Aung Gyi and T.K. Aung Cii	Burma	
1978	Bangkok	Avani Byram D. and Sadiq Munir	Pakistan	
FLYING DUTCHMAN:				
1970	Bangkok	T. Yamamura and A. Yamamura	Japan	
FIREBALL:				
1970	Bangkok	B. Bhanubandh and A. Bhanubandh	Thailand	
1978	Bangkok	Menjo Shinichi and Muto Shigeru	Japan	
O.K. DINGHY:				
1970	Bangkok	K. Matsuyama	Japan	
1978	Bangkok	Nagatsu Naoki	Japan	
SUPER MOTH:				
1970	Bangkok	Takao Otani	Japan	
1978	Bangkok	Sirisakorn Damrong	Thailand	

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